

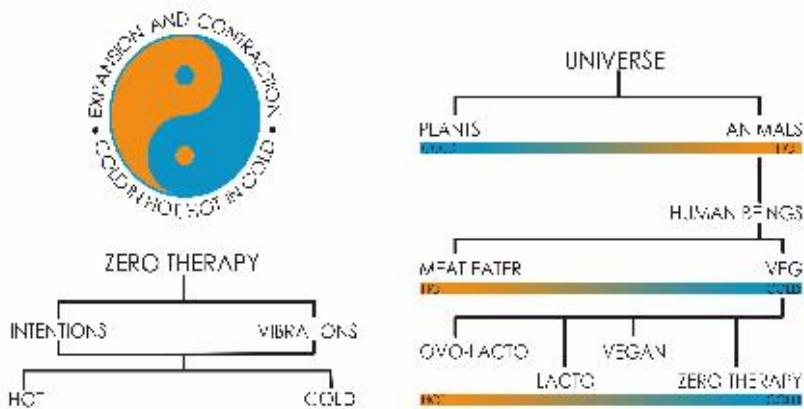
SCIENCE

BEYOND

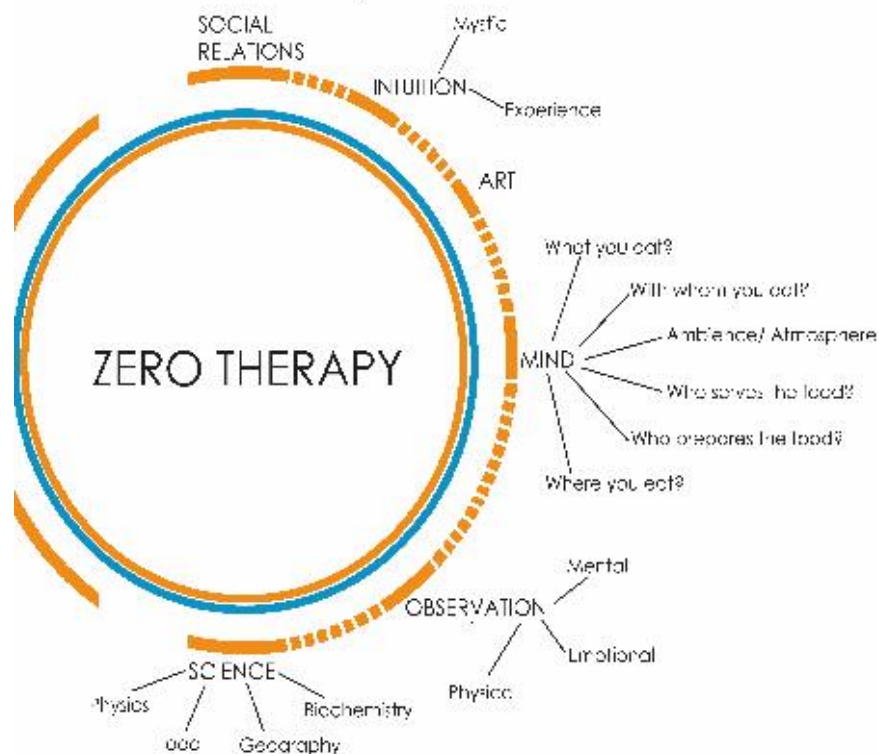
SCIENCE

VIPINCHAND BOMB

BASICS OF ZERO THERAPY



ZERO THERAPY ESSENTIALS FOR DIAGNOSIS



SCIENCE

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VIPINCHAND BOMB

Authored by

Vipinchand Bomb

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No Commercial Value.

Valuable for those who understand
the value of values.

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"What matters is not the language but the intention and subject." Science does not need any language.

It was a great responsibility, strain and tension as we started working on the book only from 5th December 2017 and we have to complete it before the mega seminar 24 th December 2017.

There will be some spelling errors, kindly ignore.

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About the Author

Entrepreneur, Philanthropist, Zero Therapy Founder, Strange man, Visionary, Technopreneur, Modern Day Mystic, Revolutionary, Vegetarian Guru - Shri Vipin Chand Bomb is many things to many people but to the thousands of Zero Therapy followers, he is just Uncleji

Vipin Chand Bomb has been single-handedly leading the movement for the recognition of the inimitable power of the human body to heal and regenerate itself. The followers of his Zero Therapy are living laboratories showcasing the miracles that happen when the marvellous powers of the human body are combined with the power of uncanny observation and uncommon common sense.

His book 'Hot and Cold' features 105 first hand experiences of people written in their own handwriting along with their photos and contact details. His ground breaking book 'Spiritual Food' uses Science, Language and Logic to change the entire meaning of Food as hitherto understood by the dictionary and encyclopedia. 'QUOTES', a compilation of his pithy observations on a variety of topics is a favourite among people of all ages.

In a singular honour to any Indian citizen, he was conferred with the honorary title of 'Wishwa Keerthi Sama Udana Lokattha Chari' at Sri Lanka. The Rotary club honoured him with their highest award, 'For the Sake of Honour Award'. His lectures, Seminars and

Interviews have been widely covered in the media, in India and abroad. The doors of the highly guarded Central Prison, Colombo, Sri Lanka were thrown open for Vipin Chand Bomb's address to its inmates. He has also addressed a wide ranging section of people – Scientists, Doctors, Engineers, Press Reporters, School students and Fishermen, to name a few. The recordings of most of these are available on the website and social media.

For his living, Vipin Chand Bomb heads his company U-V Enterprise focussing on heating solutions for Industry and Research. His life mission is propagation of this more natural lifestyle for all human beings. He continues his crusade through his weekly interactive Monday lectures, websites www.zerotherapy.com, www.vipinchand.com and through seminars, press conference–s all over the country and abroad. He is available to address seminars on the Zero Therapy lifestyle, at his own cost, anywhere in the world.

Origin of Zero Therapy

One question I regularly face is how did I start Zero Therapy. Did I learn it somewhere? Do I have a medical background ? Some people ask me is it past karma, present effort or something else.

I used to tell friends that it is past karma but they were not convinced. Collectively we thought then that it should be nature. Zero therapy itself is based on nature and our greeting to each other is " JAI PRAKRITI" or salutations to Nature. Looking back at my life, it looks like life was preparing me to take on this task...

I hail from a traditional business community from Rajasthan state in northern India. I, being a Marwari, would have normally selected commerce as my subject. As nature would have it after my SSLC (grade 10) I joined pre-university opting for Geography & Advanced English. Without geography food cannot be prescribed. The basis of Zero Therapy is hot & cold and geography mainly deals with it. To spread zero therapy it requires language, hence advanced English. It also requires observation and speed – skills that I honed as wicket keeper playing at a higher league level (Butchi Babu memorial).

Basic engineering and science is also required to help me in Zero therapy. As luck would have it, I chose polytechnic with physics, chemistry & heat as subjects.

I am a shy and soft person by nature. To stand against the established industries and beliefs a little toughening was required and events later helped in doing that.

It was early 1970s. I was part of my first generation family business that was flourishing. One day my elder brother said that a fan that had come to our office for repair was missing. My parents and we brothers were all sitting. I said that as the head of the business he was more responsible. His infuriated reaction was – you are sleeping in office.

If my contribution in the business was not noticed, I didn't want any part of it. It was a question of 'Swabhimaan', self respect. I decided at that moment to leave the family business. I was married by then with my son Neelesh about One and half years. I sent my wife Usha along with the child to her parent's place at Hinganghat, a small town in central India. I told them that I would call them after I had saved enough money to take care of them. I spent a month or so collecting the receivables of the business. I left the house without even a spoon, and started my new business without any money. I made it a point that I would not touch the products, customers or suppliers of my family business. I also stopped using my family name to avoid any of that goodwill helping me. So, practically I started from scratch. This is where cricket helped me, as my initial supplier and customer were both cricketers.

Within six months I made Rs. 10000 in my books though not in hand. I asked my family to come back. My college colleague, in a switchgear company, gave me my initial purchase orders and from my friends in cricket I borrowed Rs 2000/-. I got one stove, one cooker and paid the advance rental. We used to eat only besan

paratha or sugar coated chappattis. The hardships and ability to overcome them gave me the self confidence, that would be critical in the future.

There are some more incidents that helped create the base for the founding and spread of Zero Therapy.

One incident happened when my son Neelesh was very young. I bought a scent bottle for him which he loved. It broke. He was very young, but did not cry and said we would get it next time. I love collecting crockery but when we started we had just six cups. The crockery shelf fell down and the cups broke but my son's reaction was, **"there are still two cups left"**. In fact, this contentment is a trait that I see in the whole family.

In the initial years of Zero Therapy when the mega seminars of 2008, 2009 and 2010, the weekly seminars and the daily treatment sessions were taking huge outflows of time, money and energy, my wife never questioned it. In fact when I wanted to stop, she said, "Acchaa Kaam Ho Raha Hai, Tho Aap Kyun Rokte Ho". Good work is happening, why do you want to stop it.

All the Monday weekly meeting recordings go to her. She watches and points out any corrections for the betterment of Zero Therapy. This support has been a huge source of strength to me.

Another incident almost 36 years ago provided me a very critical insight that was helpful in the founding of Zero Therapy. My younger child developed very high fever which was not responding to any treatment. She was then admitted to the hospital. Still the

fever would not reduce. The doctor finally told us one evening that the night would be very critical. We were at our wits end. On a hunch, I borrowed a tape recorder and played soft music through the night, and the next morning the doctor was surprised to see that the fever had vanished. I had remembered that some time ago, when there was a sudden loud noise in the television, my daughter had moved away. It struck me that since medicines were not working and my daughter was a sensitive child, probably we needed to soothe the mind. It worked. This was my first practical application of the power of the mind on workings of the body.

Somewhere around that time, my nephew was staying with us. One night he came home and started vomiting continuously. Facing an emergency, I kept applying sandal wood paste on his stomach to cool the body and in some time he too was back to normal. This was the first application of the home grown Cold pack that we now use extensively in Zero Therapy.

I have a retail outlet and my customers range from doctors, engineers and electricians – all sorts & from all levels. Many a times I could convince them & many a times could not. The person in me was same, then why ...? It gave me food for thought and I thought food was the problem. Whenever the clients were on the same platform as me regarding food habits i.e. they were vegetarian teetotallers, I could easily convince them. If the clients were meat eaters, smokers, or alcoholics it took extra energy on my part to convince them. It became clear to me that I was at peace dealing with clients & other people around me who were vegetarians, non-smokers and teetotallers.

For my selfish motive of peace of mind, I started proposing this lifestyle to people around me, and to a great extent I succeeded in that. More than thousand people from all walks of life took to this lifestyle and in fact shared their positive experiences with me.

I had had a very busy time setting up my business and it was almost three decades during which I hardly visited the doctor. If at all I fell sick, it would be on Saturday evening, so that I could be in office on Monday morning. All these years my routine was the same. Leave home by 6.30 am and come back by around 9 pm, Monday through Saturday. One year when I was Rotary president, our club used to meet every Sunday over breakfast. So even Sundays were ruled out and that year I never fell sick.

One of my biggest weaknesses and strength is I cannot stand untruth. All my suppliers, customers, associates and friends know it, most have experienced it. Even as I was comfortably leading my life without having to resort to medication, I was greatly agitated that others were so constantly and helplessly dependent on hospitals and doctors. This thought continued to get stronger with time. I just did not know what to do about it.

My passion for advocating my Satvik lifestyle had continued through the years but by around the year 2000 all people around me including the parking attendant had adopted this lifestyle. I had experimented on my body all these years on how not to fall sick and if at all I fell sick, how to get cured without going to the doctor. I now decided to share my learnings with people – not just

to show them how to heal themselves but also to inspire them to change to this Satvik lifestyle.

This was the seed for the birth of zero therapy.

Initially I had started by helping out friends and relatives. It then spread by word of mouth and now we have so many people following it. I am happy when Zero Therapy followers are able to listen to their bodies, diagnose the mistake themselves and reap the benefits of this lifestyle. My greatest satisfaction is when researchers in different parts of the world are slowly concurring one by one, on the things I have been publicly saying all these years.

My biggest regret is that though this science and data collected over years is offered totally free to any government, public or private body to put to non-commercial use – though it can be intellectual property right of the country – yet there are no takers. The vast multitudes are still not aware of the magical power of their own bodies and continue to be at the mercy of ...

Jai Prakriti. Salutations to Nature.

Author's Note

Dear Reader,

No medicine was an idea that came to me, due to my own laziness and it is nature's will, that this idea has grown into a mission with a wide following.

In my previous books I have spoken about the various case histories – their diagnosis and treatment. These form the foundation of understanding the working of Zero Therapy.

For the first time, I attempt to explain my theory with proof, of how these miracles in the body take place.

In Zen there is the concept of Satori – experiencing one's true nature. The principal means of doing this is the use of Koans – a short discussion on a subject between the master and the disciple, interspersed by deep silence.

This book attempts to provide you an intuitive understanding of this enigmatic 'Science beyond Science' – by moving across different subjects – punctuated by pauses.

There are errors in grammar and typos which have been left unattended due to the deadline on hand. These will only add to the Satori experience, and encourage you to go for the essence of the message that resonates within me, rather than the script.

I invite you to move with the flow without trying too hard to understand.

Jai Prakriti,

Vipinchand Bomb

Genetically Modified Crops

For understanding this subject Genetically Modified, one surely need not be a so called scientist. Whenever a word is born it gets the energy from the universe, with the feeling built in. Now let's consider the word Modified, it implies 'Certainly Not Original'. This means we are meddling with nature. The present day scientists only see things in a lab. A farmer living with nature, understands it better than so called scientists.

Now lets see the definition of a Scientist – A real scientist need not be qualified. Einstein was not qualified. Many top scientists were never qualified. The reason for their success was they were close to nature and had the ability to 'see' beyond the seen. The real meaning of scientist is one who has the best common sense, uses the common sense which is uncommon these days. Call the person a scientist who uses uncommon common sense. This comes only to a person who uses physics. The word 'physics' is derived from the Greek word for nature.

Now Genetically Modified seeds lack the power of vitality, which is vital for human health. And what can you expect from a seed which cannot produce as original in terms of vitality. Scientifically, logically this is not suitable for our country.

Can it not be a conspiracy of westerners to make the our country poor ?

Now, the logic of more production for less area of land. I have done research at home on plants by giving them magnetic water. To my surprise they grew faster than the normal plants and I was extremely happy. But the sad part of it was that they died much faster than the normally grown plant. The logic is that the soil where this is grown becomes infertile – not suitable in the long run.

I am into free health consultancy. I have seen children develop rashes after eating genetically modified corn (number of cases). Just to understand the reality, I arranged corn from one village in Madhya Pradesh, naturally grown with natural seeds (called GaonRani). On eating this, none of these same children had any adverse effect. Now one can understand, now helpful Genetically Modified is for our country men.

Earlier, farmer used to get seeds from neighboring farmer or himself. Now he has to buy seeds from the market. It is like having the capital himself but going to bank for borrowing and in turn self destruction for the country.

"Earlier agriculture was - Of the farmers, By the farmers, For the community. Today, the western system is to make agriculture - Of the corporate, By the farmers, For the corporate."

DIFFERENCE BETWEEN ILLUMINATING ONESELF AND ENLIGHTENMENT

The enlightenment is only self.

Whereas the person who has got the power to illuminate oneself, shows the way to others for enlightenment and also gets enlightened in the process. People with such qualities are known as Tirthankaras.

The knowledge for both is same but the power of the Tirthankar is that of Guru, who has the power to preach and practice. Where as a Siddha by virtue of Sadhana attains Moksha.

The aura of Tirthankar is wider than the aura of a Siddha . Hence, he becomes preacher. If a person comes under his aura by virtue of his karma he gets changed for better.

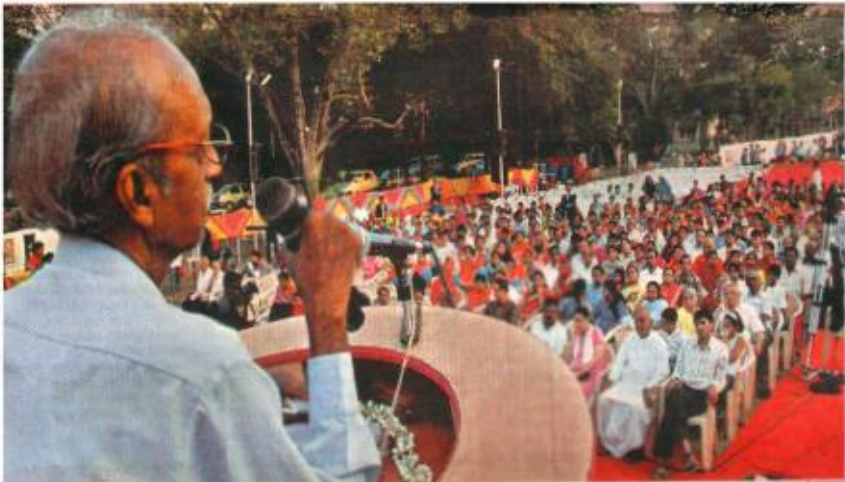
Thoughts and the Food

It is the food being eaten and the mind at the time of eating as also the combination of the food - all that makes the difference for thoughts.

When the food is chewed the tongue changes the cell depending upon the mind at that time and the smell of the food also makes the difference for thoughts.

Why Stem Cell ?

Body if it is healthy (heal-thy) has to have self HEALING or self curing mechanism. In Zero therapy we make the body as much as near the nature. The body's immune system develops self, not only healing but also self improvement of the working of the organ also takes place through diet as catalyst.



Chief Electoral Officer Naresh Gupta speaking at a function organised by the founder of 'Zero Therapy', Vipin Chand, in the city, on Sunday

Chuck the pill, eat right to stay healthy

Express News Service
Chennai, February 15

STOP popping pills. Instead take the right food at the right time and the human body would double up as a doctor to cure the ailments, said Vipin Chand, founder of Zero Therapy (ZT), here on Sunday.

Addressing a seminar on 'curing power of the body', he said that people often mistook the inherent remedial measures of the body like vomiting and cough, as diseases and took medication, which usually did more harm than good. It is absolutely important to maintain the natural equilibrium of mind, body and the soul, sans unnecessary foreign matter in the body.

What mattered the most to the body was what food one eats. Vipin said the human body was naturally suited only for vegetarian food. Zero Therapy (ZT) meant "no therapy." Treatment in ZT was nothing but food, and food only with the

right balance. In ZT, the body cells were energised and it took care of the disturbances, he said.

"In stem cell therapy, cells are taken out and used when required. The same cells are energised without removing it from the body in ZT, thus harmonise mind, body and soul," Vipin said.

Exhibition and testimony: An exhibition of posters describing the ailment, treatment and cure under ZT was part of the seminar. Beneficiaries of the new non-medical therapy detailed on how they got rid of their long-time troubles through ZT.

Those affected by multiple sclerosis, trauma and serious skin problems spoke on the successful treatment they received in ZT. A child who survived blood cancer and a young man who was cured of voice loss had the audience spell bound. Chief Electoral Officer Naresh Gupta presided. He also released a book "105 Glimpses of successful diagnosis in ZT," which had testimonies of the beneficiaries.

ZT is a not-for-profit voluntary group, headed by Vipin Chand and based in Chennai. No fee is collected for consultation. For more details call 25381124, or visit www.zerotherapy.com.

In stem cell therapy, cells are taken out and used when required. The same cells are energised without removing it from the body in zero therapy, thus harmonising the mind, body and soul



In modern science cells are taken out, injected and used when required. The modern science has got the capacity to retain the original strength of stem cell in the laboratory keeping in required environmental conditions. Same conditions are already built in a human body if proper lifestyle is followed.

UMBILICAL CORD

Umbilical cord has much more and better healing power than the cord removed and kept in laboratory conditions.

TRADITIONAL OLD FAMILY USED TO PRESS THE UMBILICAL CORD AND NOT CUT THE CORD.

It is similar to dry fig where one can see the similar process.

IT IS ALSO ASTONISHING TO KNOW THAT LIFE STARTS WITH ONE CELL AND BUILDS INTO A FULL BODY WITH ALL CAPACITY. ONE CELL HAS THE CAPACITY TO BUILD THE BODY INCLUDING ALL THE ORGANS AND ALL SENSES AND ALL THE CONNECTIONS BETWEEN THEM. POINT TO BE NOTED.

Origin of Human Life

Life starts from the period of pregnancy UPTO AROUND 9+ months, purely based on "What matters to the body is the matter that goes into the body".

What mother feeds during gestation period is what matters for the entire life of the child, till its death.

What she eats during gestation period , the physical and mental state during the pregnancy and the environmental conditions – all this together decide the finished goods (Child) . "When the raw material is good, the finished product is also good".

Till 7 months physical properties are fixed – bone, flesh ratio.

The 7-9 months and up to delivery period is for emotional and brain development that is why they are sent to mother's place.

It is better to wait over nine months since it is found by our experience, babies born beyond nine months have better IQ and EQ.

Basically all these are directly related to food :-

- Type of food
- Food being served
- Food eaten along with parents, in laws.

MOSQUITO

The life of male mosquito is 7 days and female mosquito is 30 days. Over 30 days it produces 1000 eggs. Certainly and many times the smell of female mosquito attracts the male mate in many varieties of insects, flies, mosquitoes.

In certain type of insects, the female release smell which attracts male mate 1000 km away.

Properties of Food:

- Physical
- Emotional
- Latent

Each stuff has its own inherent properties.

Every product we eat has its own latent heat and has emotional and physical properties.

All over the world people go for physical properties. For emotional properties the research has not gone to the extent it deserves.

For example : Smell is never taken into account for physical properties, the most important factor is not the taste as it is generally understood by the world. The color and the smell which has got most powerful effect on the mind via the brain has never been taken into account by scientist.

Reasoning : Tongue and nose also connected to the brain directly at some point. This two combined give signal which has got the effect on mind.

Tongue and smell put together can release the negative and positive effect depending on the individual properties on the item in the question.

Let's understand what is positive and negative effect

Each item releases heat and along with the heat it sends out vibrations, vibration can have negative and positive effects.

Sandalwood, saffron such things produced positive effects on brain, garlic, onion produce the negative effects. Even though the latter ones can be good for thinning the blood or reduce the cholesterol whatever the medical science thinks.

Food -----

The origin of the word food is from French word "fodder" which later on changed to food.

Food as generally understood by the world is either vegetarian or meat, flesh, eggs. But I have my own doubt whether anybody can survive without vegetarian food. Normally person says he eats food along with other things, which basically means food is vegetarian.

People always say we have eaten food along with mutton, chicken etc. Why should people say along with if this is included in the food. In Tamil people say "sappad kooda (alongwith) mutton, chicken saptha".

This proves our point food means vegetarian food as far as human being is concerned.

Origin of Food

The earliest origin of food known to people is frugivores- fruits and raw vegetables.

From Stone Age people changed to meat and flesh. What started as a defense, later on converted into sports and then started eating as food.

Food basically means necessity of survival.

Plants need air and water.

Human being can survive purely on food available in nature – fruits and vegetables. Definitely there is no need for meat, egg, flesh for survival of human being.

Meaning of food may changes for each category:

Cheetah- eats meat, flesh

To prove our point, Hippocrates said :

"Let food be your medicine and medicine be your food".

Definitely he never thought food to be meat and flesh.

There are people in the history who are very dreadful and were vegetarian. Their nature was furious and revengeful. Being only vegetarian doesn't serve the purpose, it is the combination of food (Acid and Alkali) that matters, wrong combination makes one furious and revengeful.

We should know what we should not eat rather than knowing what we should eat.

For emotional balance, food like pudina, tulsi with powerful smell are not suitable. This is our proven experience.

The body of Herbivores are of three types-

- Homeostasis
- Adaptability
- Collapse.

Homeostasis is the state at the time of birth.

The wrong combination of food gets adjusted by the body which comes under adaptability and if this continues beyond a certain point, then the herbivore collapses.

Diet , Prasadam and Deity

People started offering food in the form of fruits and flowers to deity what was known as prasadam.

Later on, the prasadam was known as food. Never the prasadam was meat or fish.

The original prasadam was only fruits or flowers. This proves beyond doubt that food means vegetarianism.

People call vegetarian egg for the selfish motive of calling oneself vegetarian and being proud to call oneself vegetarian. The British people allowed egg under vegetarian category.

Egg breathes and stales, which means it has life unlike fruits and vegetables.

Food must have six tastes and five colors, out of which sweet is must.

Many a time children get addicted to chocolate, biscuit, cake which consists of preservatives, color the reason is the mind.

This again is connected to being brought up in a wrong lifestyle.

Interesting saying:

"When I was young I thought money is important, now when I am old I know money is important. "

Voice loss

Due to heat, vocal cord was not functioning, the heat was reduced by way of food and he was able to speak. Dhaniya, Saunf, mishri, etc, paneer, rasgulla... The defect is always visible on the tongue. Remedial action is taken by food.

4 THE NEW INDIAN EXPRESS
MONDAY, JANUARY 3 | 2011 | CHENNAI

Zero therapy way to good health

**Express News Service
Chennai January 2**

HITESH Vajawat (35) is a happy man today. In 2006, Hitesh had lost his voice and doctors concluded that he will never be able to talk again. But thanks to his zero therapy practices, Hitesh talks today.

“I had tried all possible medicines. Nothing worked. Finally I resorted to zero therapy and regained my voice by just following some simple food practices,” Hitesh said.

Hitesh's is only a one off story. At the Dadawadi hall in Ayanavaram, on Saturday, many such success stories were on display for one to see and believe.

For instance there is 3-year old Pratham who had a blood clot on his thigh as a six-month-old baby. Doctors recommended an operation but Vipin Chand Bomb, the father of this zero therapy medicine prescribed a ghee massage which cured the baby in no time, naturally.

“None of us in this hall have seen a medical specialist of any kind for ages. The last I went to a doctor was in 2004 before my marriage. After that now under zero therapy I follow certain food habits that keep me immune from all kinds of diseases including diabetes,” explained Vivek Bomb, coordinator of the event.

Several children of all age groups were present there who in this age of consumerism do not use toiletries, not even any toothpaste or tooth-powder.

Zero therapy is the science of harmony of changing the individual cells of each family member and there by the side-effect takes care of the disease with food as a catalyst. It's food biochemistry and thought chemistry, which are complementary to each other.

“This is an ultimate therapy and not an alternative therapy. It works on the principle of balancing individual hormone, which varies from person to person. The combination and balance of the normal food energizes the body cells and takes care of the disturbances,” Vivek explained.

Vipin Chand Bomb is the founder of zero therapy. An entrepreneur by profession, Vipin's is a non profit set up. More information on this this therapy is available on www.zerotherapy.com.

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98411 53605.

Respected uncleji,

**Today , if I am able to speak..... its
all because of “U”.**

I am in to computer business & on an average , I attend 400-500 calls per day.

In the year 2006, I slowly started feeling problem in my throat. It used to pain heavily while speaking & as time went.... I gradually lost my voice.. can u imagine .

LIEF Without VOICE. “ its really terrible”

I had spent 30 days without speaking.. just keeping a pen & paper to write my expressions / my thoughts....

After taking medicines as prescribed from ENT Specialist Dr. Bhaskar, I didn't get a sing of relief. Then I went to padma shree Awardee Dr. Mohan kameshwaran. After doing the required tests.. I was answered..

“Hitesh.. Forget You can talk for Life...”..

I was really shocked with his immediate reply. I was told that there was an inflammation in my vocal chords &

because of which., there was difficulty in speaking

I had taken the prescribed medicines & after a few days I was able to speak a little bit. I was also under strict voice rest. I was given medicines, because of which I slept more & it gave me an indirect voice rest. After a few weeks of this, the voice disorder started again, this time the pain was too much. I was not able to utter single word.. Only air was reproduced, instead of voice. Our entire family was disturbed because in such young age. .. if your are left out without being to speak... its really a big pain.

We then went to Dr.K.K.Ramalingan (ENT Specialist). It was an amazing answer from their side. they said .. I need to take voice rest.. for quite a few days & apart from that.. I was adviced to get my tonsils operated. It was very stressful & painful time of my life.

We finally got the contact number of Dr. Sanjay Gandhi (India's Leading Vocal Chord Specialist, mangeshkar hospital-pune). I then checked in the internet about him. We then couriered our entire reports of the vocal chord to him & he claimed that the existing treatment was fine but for any further updates.. it was necessarily for me to be there. He was of course right.. how could he treat me by seeing the reports.

Since the problem was increasing, we were trying our level best efforts to show the best doctors..

In between all this .. I was referred to a Doctor from Royapuram by one of my friend.
After the required tests, He prescribed few medicines. My elder brother went for buying the medicines. Luckily, the store owner was a known person. After seeing the

prescription, he asked for whom was the medicines. My brother said, it was for me... After putting pressure on him, the owner said that

“this medicine was generally given to patients with mental disorders. After taking in the patient will feel sleepy & indirectly will give voice rest....”

Between all these fuss going on in my life. I was lucky enough to meet Shree vipin uncle. On my first visit to him, I was clearly told .. please come in a systematic way. He was absolutely right. It was required for me to understand ZERO THERAPY's system.. Rules & Regulations. on my next consecutive visit.. I requested uncleji, to start my treatment. With god's grace... I was lucky enough to get a positive sigh from his side. My treatment was started & I was prescribed the Do's & dont's in the food intake. For the next 7 days.. there wasn't any sigh of relief & my confidence level wasn't high.

I was still having a double mind.. whether should I go to a Doctor for treatment or should I continue the treatment under Zero therapy.

Since the Situation of mine remain unchanged.. I finally booked Tatkal tickets to pune to visit Dr. Sanjay Gandhi who was referred by one of our relative. On the day before starting to pune, I went to show to uncleji as a routine check up. I was under a deep trouble.. Should I go to pune or should I not. I asked myself & wasn't able to decide. I then slowly realized that I was able to speak a little from the last 2 days & the pain was low than compared to the earlier days. I asked my self.. Am I doing a right by going to pune..

My conscious said No.. I Thought.. if I go once for a check up.& I need to forget Vipin uncle cos its not possible to hide

any thing from him.

“He SCANS our body like a COMPUTER. He never requires any sorts of test to check what problem ur having.....”

Finally, I became restless. i firmly made a strong decision to cancel the trip to pune. I immediately went to my dad & said him the fact. My dad was lit rally shocked. He asked me more than 5 time.. Am I taking the right decision????

Yes was my answer to him & from then on I haven't seen back side.

I then realized that the more I gained confidence on the treatment, the faster I was able to get cured. After this.. it didn't even take 14 days. I was fine. I was able to speak for the whole day without any obstacles & I never took any kind off voice rest. i cant explain.. What sorts of happiness a men gets when gets his voice back..

The best beauty finally was.. when I went to uncleji to claim that I was able to talk..

“He laughed & said. So what's new in that. U never had a big problem. Now on your are free from all sorts of treatments...”

I was really amazed with his reply. I couldn't imagine.. how could a person be like him.

“ He's given me a new life...”

my only request to all is that.. Just trust the therapy & uncleji.. Ur confidence will in turn help you to heal faster that you think. Have faith on it.

Regards,
Hitesh .S. Vajawat
+91 98411 53605.

How one should eat

Eating on the floor with folded legs and thali with food on the bajot is the proper way of how one should eat. The height of the bajot should be such that one need not bend and thus avoid train on the spinal cord.



Breakfast

Breakfast should start with hot milk or tea anything permissible under vegetarian lifestyle, basically above room temperature say, around 60 deg C.

We feel coffee has a powerful smell and hence one should avoid coffee if it is not filtered one. The aroma of filter coffee is connected with brain chemistry.

In winter the use of saffron, elaichi, almond and pista with milk is advisable. Quantity will vary with person to person and geographically also.

Hot water should be avoided, lukewarm water or normal water is must. Many a times, adding a couple of spoons of water to hot tea also helps in passing of gas.

Tea party is the tension reliever rather than milk party and coffee party. Reason milk is drunk and tea is sipped. The inherent property of tea is happiness.

Hemoglobin:

Hemoglobin and food are directly connected. My experience is that hot items like dates, figs and similar dry fruit reduce hemoglobin. Many times hemoglobin goes down by mere thoughts, which can be visible on the face. Negative smells like perfume, toilet cleaning agents also reduce the hemoglobin.

Advisable to eat carrot halwa, hot milk with hot ghee, more of hot ghee in the diet. Avoid pepper, tulsi, ginger.

With our experience of change in diet, we were able to increase the hemoglobin in several cases.

All the therapy in the world allopathy, homeopathy, ayurvedic are organ based - specialist for organ and not for the machine i.e. body.

Zero therapy is reaching to the root cause and other therapy suppress the root cause.

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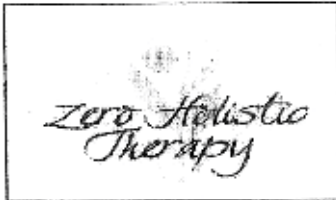
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Chennai

Searching the soul of Zero Therapy



BY RAGHAVA | Mon, 16 Feb, 2009, 02:20 PM



The beginning of the 2nd Zero Therapy mega seminar marked the inauguration of the event by lighting of the traditional lamp by Zero Therapy founder Vipin Chand and Chief Electoral Officer of Tamilnadu Naresh Gupta at Sri Jain Sadawadi, Ayazawaram, Chennai.

In a seminar, that witnessed active participation of about 3000 people from all over India, Vipin Chand spoke at length about the topic 'Curing Power of Your Body'.

General Chennai Stories

- City to get extra security cover
- USA will swap elections: Aazad
- Bus in the haze
- I am happy now, says Prashanth
- C&F with two heads born at 'gurdwara'
- P&C Rays Chidambaram

According to him our body is able to balance all the hormones with out any external help. "The moment you take help from outside, your conscious mind begins to incorporate with you. So it is important to live like animals provided that you are not behaving like animals," he said.

Vipin Chand, who is known for his diagnosis by looking at the tongue, said that every tongue has minimum of 3,000 signals. And it is these signals that help him in his service. Cold, headache and such diseases are the remedies of the body but, not diseases. Your body knows you better as your body is your best doctor."

Archives - Chennai

He went on to explain the common sense approach of this breakthrough science, which is beyond the understanding of an average individual.

"Zero Therapy is reaching to the rootcause where as other existing methods try to suppress the rootcause," he further said. The most interesting part of the seminar was sharing of experience of zero therapy with the audience. Cases like pre-delivery and post-delivery, blood cancer, vision problem and more were among zero therapy followers. And they explained how they changed after zero therapy.

Prior to the seminar, Naresh Gupta said lots of people advocated vegetarianism after Vipin Chand's intervention. "There are limitations in our conventional therapy methods. This seminar aims to speak about it," he said.

Chief Metropolitan Magistrate Sethu Madavan released a book on zero therapy, featuring 105 glimpses of the diagnosis, on the occasion.

Ghee:

Ghee is one of the most important product that the body needs for lubrication.

BOOKED FOR LIFE

Zero therapist bombs known health cures

DC CORRESPONDENT

CH3499

Jan. 2: Zero therapy seems like a combination of all other streams of medicine and even of common beliefs. Ginger, along with other medicinal spices like garlic, basil and mint, is restricted in the zero therapy diet. The two answers to any bout of sickness — pills and curd rice — are the no-no's. Even honey is off-limits.

Ghee, on the other hand is recommended as the panacea to all ills — to be



Vipin Chand Bomb

used as an ointment on an aching foot, to be rubbed as a balm on an aching limb, and to be ingested in cupfuls, so as to "help empty the bowels at least three times a day", explains zero therapist

Vipin Chand Bomb. "I have not brushed my teeth with toothpaste for five years. We only use ghee to scrub our teeth. Since my diet only consists of natural, chemical-free food, I do not need chemical-based products like denture soap or even mosquito-repellent," says Vipin Bomb, businessman and zero therapy volunteer.

Influence fashion designer Farouk wastes by "treach's" prescriptions.

"When I was pregnant, I did not take any of the pills recommended by my

gynecar, because my zero therapy diet of avoiding all outside food and instead bringing on almonds, home-made sweets like khichu and seasonal fruits gave me all the necessary nourishment," she says.

Her two-year-old infant has never suffered any ailments, and never took a single vaccine, she says.

Years of experience with the dynamics of heat has given him the power to diagnose a person's illness just by looking at his face and tongue, Mr Bomb claims.

And for patients from abroad, a short diet over the phone suffices.

Spouting "original quotes" like "Vegetarianism for human health and animal welfare", and "what we should not do", now proudly compiled in a book that was released by zero secretary Swaran Singh on Saturday.

Vipin Chand Bomb introduces hundreds of his patients who have been cured of everything from vision loss and cataracts to diabetes and hypertension.

Example: Deep fried puri is good for the body whereas the paratha is not advisable, note the temperature while preparation. The reason – the paratha has direct contact with frying pan and puri is not touching but floating in the kadai.

ORGANIC FOOD :

Organic food should not be adulterated and no food color should be used. People say organic food are grown without chemicals but preservatives for transportation in turn may contaminate due to transport.

My experience :

All hybrid grown food are not acceptable to the good body. Good body means which has not taken any medicine in any form and not eaten junk food. Again onion and garlic are not acceptable for a good body.

One example of color – friend of mine suffered rashes once when tilak was done by Kumkum that had some color pigments which have damaged his forehead.

For most of the Zero therapy ladies the bindi leaves a permanent mark on the skin , reason artificial gum and not original gum.

How to use Hair oil:

Pure virgin coconut oil is advisable in summer, in winter the oil should be heated and used if one needs it.

In many individual body, oil is not necessary.

The reason you would be eating lot of oily items and the body becomes self lubricating. People eating food like soaked almonds, almond halwa, carrot halwa, lots of malai (milk cream), lots of ghee, such body doesn't require external application of oil.

External application of unnatural oil doesn't help in any way for the skin, on the contrary the skin is spoilt.

People eating acidic foods like meat, alcohol, bitter gourd and eating such items definitely require oil internally.

Meat eating body is hotter than the vegetarian body. Probably that is the reason south Indian culture requires more of oil bath.

Application normally does not help much, oil needed by the hair should come from what one eats.

The natural color of hair is black. Any changes in the color of the hair means the body is not at the best – like eating chemicals, mixed fruits, eating preservatives, junk food, food color etc, and hence the natural pigment of hair is lost.

Very interesting point about shampoo and hair ----- the property of natural hair----- is attraction (magnetism). To attract male or female – male hair attracts the female and vice versa.

Men should also cover their head. Ladies cover their head so as not to attract the general public. By using shampoos natural attraction is lost.

Hence, modern people don't cover their head since basic natural attraction is not there.

In trying to fight these problems like use of external and internal chemicals like junk food, food colour and not following proper lifestyle, the body loses the energy and the result is black turns into grey.

Certain people are born with unnatural hair color. If the mother has eaten or followed wrong lifestyle during pregnancy like alcohol, smoke, egg, meat, too much of spicy food, too much of folic acid.

Disease ??

Body is made of certain ratio of hot and cold, fixed at the time of birth. Any difference in this ratio of hot and cold (like body getting cold or body getting hot) creates a gas.

If we are not able to convince the person whom we love, this also creates a gas like bulging. It may lead to cancer also in many cases.

Example: In a joint family, wife has been telling husband to live separately, husband did not want to leave joint family. Due to tradition, there was a compromise to stay together. Emotions inside, hidden thoughts inside to live separately, created so much of tension that it ultimately developed cancer, leading to death within four months.

Had the husband agreed to live separately , in all probability the wife would have survived.

THE BASIC REASON FOR DISEASE IN THE BODY IS EITHER HOT EXCESS OR COLD IN EXCESS WHICH CREATES A DIFFERENCE OF PRESSURE WHICH IS KNOWN AS GAS. EVERYTHING IS GAS.

Types of communication:

We do not need to elaborate on verbal communication as it is common.

Non verbal communication is possible when one cell speaks to another without the knowledge of the individual. Here the Bhavana speaks.

Bhavana of two different people creates different type of cells in the body. Each bhavana can create a cell or destroy a cell.

If two person communicating with each other are on same platform, frequency or vibration – then each person can change the other person. This works better for blood relatives.

For example: Spiritual person will have one type of cell and will get attracted to another spiritual person because the cells have similar thoughts.

A thief will get attracted to a thief without knowing each other. How it happens– because cells communicate.

Thoughts

Ever since the birth of human being, mankind is being doing research and invention for construction and destruction. All these have one thing in common i.e. thoughts and thoughts and thoughts. Thoughts are connected to - "What matters to the body is the matter that goes inside the body". So the food along with the thoughts is what matters for construction, destruction, research, inventions....

Now thoughts make up the mind, and minds is :

- W - what one eats,
- W - with whom one eats,
- W - where one eats,
- W - when one eats,
- W - who prepares ,
- W - who serves.

The fore most important factor is the Bhavana of the person who prepares the food. Thoughts as it is have no power, thoughts with intention get the work done. Intention decides the future destiny, either it is debit or credit, according to the intentions. Every action has a reaction which everyone knows. My dear friend - "every intention has a reaction".

So it is food all the way food, food, food – food gives success, food gives failure, food decides the destiny since the whole world is run by thoughts and intention.

Thoughts keep changing according to atmosphere, where one eats, to whom one eats, but intention can never change.

Intention comes after so many data have gone into mind and the brain decides for revenge or reward.

Intention can be for good or bad. Bhavana had no equal to intention and it works only for universal good and it doesn't work for selfish motive.

Lesson for Indian mother-in-law

India is basically a joint family concern. In the present scenario the mother-in-law and daughter-in-law do not get along as it used to be. After careful analysis –

The reason
(often found as correct)

Case history :

My own experience : My wife comes from a well known joint family. After she entered our home, she used to do the household work from 5 am to 11 pm. After 11 pm she used to take bath for rest or sleep. As God would have it, I suffered from typhoid. Wife had to take care of me, change my clothes 3 times a day, wake up in the morning for household work which she did affectionately but the same was not returned by my mother. My mother used to love me so much. Why does it happen? A new comer is not accepted in the family, this is attachment to the son not love for son. If mother really loves the son she has no choice but to love the new member of the house, since she is wife of her son. This mentality is the root cause for all tension in Indian families. This happens almost in all houses.

Why mother-in-law affects the life of son ---- too much affection, security, strong mother-in-law (daughter)

Case study.

Two brothers got married into the same family i.e. their wives were sisters. One of them got divorced. Indian traditional family --- cause mother-in-law was strict , the husband was on mother's side and didn't take care of his wife. The effect, the son remained a bachelor for some time. The other brother was taking care of wife and was neutral, so his marriage continued.

Food should consist of minimum variety, not more than say two vegetables with whole wheat item or rice and dal but wheat and rice not to be taken in a single meal.

Raw cut tomato over the cooked vegetables is fine. We don't advise salads, raw food, cucumber in raw form, green chilly in raw form.

It is now understood that salads (raw vegetables) enlarge the liver.

Since the body is hot and cold so the ratio is fixed at the time of birth in individuals. Enlargement of liver has corresponding shrinkage of the brain. This is our RESEARCH.

Alpha, Beta and Gamma are three frequencies of brain waves which are directly connected to food what one eats.

As the negative smell is removed, the brain wave frequency level may reach to the next higher level.

The best is Alpha which is directly connected to sattvic level, since the body doesn't consist of onion or garlic which are negative smells.

Vegetarian who eats garlic / onion – Beta

Meat eaters, flesh eaters – Gamma

Advice :

Now for businessmen of India, King size breakfast, prince size lunch and beggars dinner.

For service class who have got fixed time for food, one can take light breakfast, heavy lunch and light dinner.

Amazing what powerful thinking can do!

Powerful thinking can get your work done without your physical efforts. It is the thoughts which get things done whatever is RIGHTLY desired. All that one has to do is when fixing the goals, the signal from brain has to be very powerful which get the things done through universe. This science cannot be explained on paper, it has to be experienced.

One more interesting point , generally food is what one eats through the mouth, but what you smells also goes into the body that may also corrupt the body by changing the brain chemistry.

Food what we eat has the vegetarian symbol of green dot. Medicine also goes in to our mouth, why not we think of putting the vegetarian label?

The most important factor for subconscious mind is all round happiness – happiness with spouse, parent, worker, staff etc. For happiness if a boss is vegetarian then it is advisable to appoint a vegetarian people to double the happiness.

HOMEWORK FOR SCIENTIST

Have we ever imagined the whole body being run by electricity ?

Have we ever imagined where exactly is the battery ?

What is the source of electricity and magnetism in our body?

We talk of frequency, alpha, beta have we imagined where the source is....

How a person can see the body temperature without using anything Several proof available...

NOSE ;

Nature has made the body so scientific and fantastic that we are not able to even understand the science behind the entire assembly of the organs.

The nose exhales and inhales. Exhales hot air and inhales normal air. The polarity and the process keeps changing alternatively.

Nose is not so simple as the scientists think – it is the source of electricity in the body. This is how the electricity is generated.

Nature is so smart that if it keeps generating electricity the person will die so, what it does is, it changes the polarity from time to time. Nostrils which exhale and start inhaling and vice-versa, so that it becomes alternative electricity.

This depends on the type of food one eats. A meat eater's exhale will be hotter, garlic eater yet again hot, for a sattvic person the heat will be different, for Zero therapy food or children it will be very normal – thereby generating brain waves like alpha waves or better (lesser frequency).

Scientists of the world please experiment and test such body taking into account the food intake. Hot and Cold are connected with the liquid of the brain that gives connectivity.

Difference in the temperature of the hot (exhale) and cold (inhale).
At one point before the BRAIN THROUGH OLFACTORY NERVE
AND THE OLFACTORY BULB CONVERTS THIS TEMPERATURE
INTO ELECTRICITY IN THE BODY THROUGH BRAIN CHEMISTRY.

THIS CAN BE TESTED, PROVED IN THE LABORATORY AND CAN
BE INTELLECTUAL PROPERTY OF THE COUNTRY.

ZERO THERAPY LIFESTYLE DOESN'T CRAVE FOR NAME AND
FAME .

Food is health:

The right food gives you a good health, yet the body may not be healthy.

Food eaten in right combination, for the right geography, the traditional food makes the body healthy, provided he is a tea to taller and a vegetarian.

Healthy means in unlikely event of disease it heals itself – Healthy.

Wrong combination, wrong timing gives you the disease. The right food gives you the cure. Finally why fall sick. Prevention is better than cure – follow proper lifestyle, we have least chances of falling sick.

LEVELS OF VEG:

NO EGG,

NO CURD

NO ONION, NO GARLIC,

NO POTATO, NO CARROT (GROWN UNDER THE EARTH)

NUMBER OF DISH AT A TIME – NOT MORE THAN 5

HIGHER LEVEL

NO OUTSIDE FOOD

PREPARATION AT HOME, BUT NOT COOKED BY SERVANT

PREPARED BY LIFE PARTNER OR BLOOD RELATIVE

All these matter for the body, mind & soul

When we say matter here it is not physical matter but matter in the form of thoughts what you call 'Bhavana' in Indian philosophy. Food gives you thought, thought may increase or decrease our weight.

No word can be born without the universal acceptance, since each word has built in energy.

Food gives you mental and physical energy by eating, gives you happiness, the latent meaning of food is happiness.

Not all people are happy if meat or flesh offered but certainly everyone is happy by food which is accepted by mechanism of human body.

It is my personal experience that meat eating people are good natured but get excited easily, are rough and tough.

Rice eaters opt for clerical work, meat eaters opt for hard physical work.

Food with soluble fiber reduces the waist at the same time weight can also be kept constant by eating regularly deep fried items, milk, milk halwa, milk products which increase the density of bones without increasing the weight.

Sugar (mostly mistaken as sugar disease) is vital for human being and is to be taken in the form of syrup. It is my experience that people eating sweets are less prone to vengeance and anger. It is said that one of the world's oldest civilizations is Bikaner (It is presumed that it is even prior to Mohenjodaro civilization). The best part is that the food of that place is never complete without sweets and to the best of my knowledge least diabetics are found in Bikaner. It is also advisable to eat savories along with sweets, the concept of hot and cold of zero therapy.

Regained Vision

The nerve carrying the signal got sunk, and there was nothing wrong with the eye. The medical science was treating the eye and as per them it was eye loss. The shrunk was due to heat or shock which was diagnosed.

I would like to share my experience with Zero Therapy, as below :

About 1 1/4 years back, all of sudden, I could not see anything properly. When I consulted an Eye surgeon at sowcarpet, he examined my eyes and informed I might not regain my vision but however, recommeded my case to another familier Eye surgeon at Vadapalani, who had, after examining my eyes, 2 pillows beneath my neck while sleeping and if no improvement is observed, he would give Laser Treatment. As there was no improvement for more than a fortnight, he gave laser Treatment. Even after this, I could not see anything properly and when consulted the above surgeon, he had informed it would take 3 to 4 months for improvement in my vision but there was no improvement at all.

Meanwhile, I heard about the Zero Therapy offered by Shri. Vipinji, respectfully known and called as uncleji.

When I appreached the Zero Therapy Centre, I was advised to attend at least four seminars conducted by Zero Therapy Centre every week, which will give a picture about the Zero Therapy.

Accordingly, I had attended four sessions conducted by Zero Therapy Centre and afterwards uncleji began offering treatdment.

What a Surprise

Within a fortnight of commencement of treatment by uncleji. I observed very good improvement in my vision.

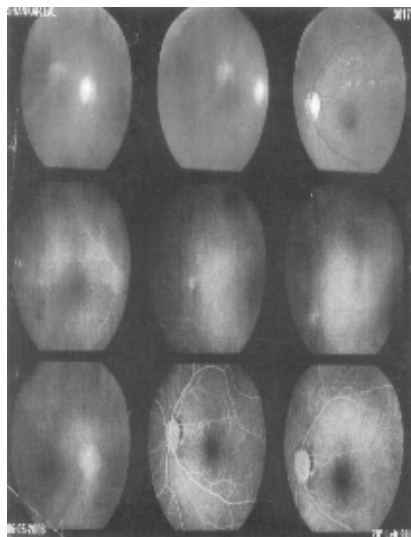
Really and Honestly I would like to say, I find no suitable word to express my joy. Under the treatment offered by uncleji under Zero Therapy, I regained my vision and now I am absolutely alright.

At the first instance, when I lost my vision and abandoned by the Eye surgeons, I flet, "I am Dead" as most improtant orgain eyes could not function properly and without vision, i cannot survive.

But God came to my rescue through

Uncleji of Zero Therapy Centre, who regained my vision. No doubt, without the mercy at uncleji, I would have not survived and thus uncleji is god to my family.

J. Shankarlal Jangid
106, Govindappa Naicken Street,
Chennai - 600 001.



NON VIOLENT FOOD:

Cancer means wrong lifestyle and wrong food combination. Food properties also change according to the bhavana of the maker of the food.

Husband and wife eating same food may lead to harmony.

Certain food may be suitable for the body today, same may not be accepted by body after some time due to various changes in the body like atmosphere, climate, reserve energy.

If one has to have harmony in the house, one has to learn from the dog and cat who survives together in the same home in spite of being carnivores.

HEREDITARY

There is no such thing as hereditary disease.

The origin of the word hereditary is from hair.

Each person has a different type of hair which again depends on food.

If a particular family eats particular type of food the disease will be common.

Since there is a commonality of food hence the hair, so the diseases are also common.

Most of times the medical profession is not able to diagnosis the disease , their simple answer is hereditary, infection, reaction, allergy – all this are not disease. The patients thinks he has got the answer for his disease.

Hereditary has a meaning – each community has its own hereditary – culture, thinking, people –

Marwari normally will do business,

Brahmin will do service,

For some serving the country in war is hereditary.

Nowadays this may not be applicable.

The disease is not important, cause of disease is.

In most of cases, the cause of disease is not diagnosed at all.

Hence, the remedy becomes wrong.

THOUGHT:

When animal eats man, it is known man eater.

Why we cannot call a man eating animal as animal eater.

Health is living near the nature. Live like animals but don't behave like animals.

Most of time is wasted in trying to teach how to save time

*east speaks, west ignores

West speaks, east reports

When the opposite person is like us, it enhances power of atma.

Do not use do not while, trying to teach.

Teachers are not preachers, preachers are teachers.

Speakers are not doers, doer are not speakers.

Honest to core person it is necessarily to be critic.

Practical people are not honest to core, since they compromise.

Smell is health, smell is disease.

SMELL IS BIRTH, SMELL IS DEATH.

Can we ever imagine mosquito being born in a toilet or elsewhere without presence of female mosquito. You know why?

Answer is simple science that is Smell .

Smell can be categorized as male and female, expansion and contraction. In a toilet, you have 2 types of smell and smell produces the by product known as mosquito.

It is something similar to smell of fermentation of dal and smell of fermentation of rice it gets convert into idli both the smell are missing. Now here smell is giving birth.

We have a powerful mosquito repellent, even male and female mosquito are there it doesn't give birth. The smell kills both of them.

Sometimes medium smell of mosquito repellent, the mosquito runs away leaving the place. The mosquito is able to sense the danger because of the smell, the human being stays in the same room because his nose is not able to sense the danger.

Nose

A very powerful nose can see the danger in advance very common in animals and plants.

Many a times it happens with zero therapy followers and every time with animals.

Animals and zero therapy followers are almost similar except the behavior.

Plant

If anyone tries to damage a plant, with the intention of damaging ,the plant communicates to the next plant about danger.

The obvious reason here is smell of the thought which can travel and in turn communicate.

Smell has a male thought and female thought.

Another interesting experience of **smell** :

Generally we have seen couple wherein some mosquito trying to sit and for someone it sits and bite what is the reason ??

Obvious reason is one person blood is toxic and the other person is non toxic.

Why does it happen so ??

Because pure blood has a smell and toxic blood has a different smell and the mosquito is able to identify the toxic blood.

Animals have more powerful nose than human being .

Their body is not corrupted by many wrong combination. It eats what the nature has for it.

Human being eats what is in his nature that is fond of wrong combination of food.

Example of thoughts as smell :

A gentleman goes on the street, dogs never barks.

How does it knows thief it barks ?

Its thoughts travel as smell to the dog.

My son in law landed in USA and the dog barked and security said pickles are there inside.

Again the dog bark and the security said whether there is banana. This is all because of smell.

Food of mosquito is blood.

Everyone knows it sucks the blood.

As, a food if it injects, than what is its food.

If not injecting it is sucking. To prove my point there is leech therapy. Based on this theory in world war patient use to get treated.

When disinfectant is sprayed mosquito dies, so smell also is death.

Human being gets affected which is not visible, in living term it does affects.

The positive smell like saffron, sandal gives health.

The strong smell like pudina, tulsi have different effect.

BALMS

Most of the people use balm for reducing headache and body ache. My dear friend, in fact it does not reduce the pain but only cuts the pain signals. The nerves that carry signal of pain to brain get shrunk and are not able to carry signals to the brain and hence temporarily the person thinks – relieved of the pain. After some time, the nerves are back to normal and again he uses the balm and balm becomes an addiction.

Perhaps, Anesthesia is also based on this principle.

Smell is life. Smell is death.

For example : Anesthesia given more , the person may leave this world.

My personal experience :

Many a time during internal bleeding, doctors are not able to analyze but I have seen all of them who are suffering from internal bleeding using highest form of balms, inhalers and pumps. My diagnosis is that this particular smell is very dangerous.

My experience: My wife suffered from a uterus problem and after some years I diagnosed the reason as balm.

My experience: Smell of cigarette smoke can make your body bulge.

My experience (Smell) : A person known to me comes after longtime. His voice was not the same as earlier observed by me. Question asked – are you using perfume, balm, menthol and he said NO to all of them. "Any of your close relative with whom you are living uses perfume, balm, menthol?"

He says his brother is using 'supari' with high menthol smell. As he was talking to me he came a little closer and amazingly and interestingly, within a micro second, my voice got stuck because menthol from his body could affect me. The smell of menthol had travelled to his body through his brother. There were 4-5 people witnessing this in my office.

How any unnatural, synthetic smells like alcohol, perfume, deodorant are all harmful due to smell and smell and nothing else.

Such smell goes through the nose and reduces the Oxygen content of the brain there by disturbing the chemistry of brain chemicals and also deposits a small percentage near the wind pipe and may choke the throat or disturb the breathing system. That is why application of balm is also not allowed in our theory.

Past Memories

Many a times the disease gets cured and after sometime, maybe six months or a year, it comes back seemingly for no reason. In such cases most of the time it is revival of past unpleasant memories. Solution: delete the unpleasant past memories.

Sattvic Food:

For improving the subconscious mind and in turn increasing the will power one has to eat Sattvic food. Especially one has to avoid negative smells like garlic, onion, menthol etc. Most important point to be noted here is that Sattvic food means medicine are excluded.

Natural Garments

Natural garments (cotton, silk, wool – to be worn depending on weather and climate) give better confidence and are more acceptable to skin.

Synthetic clothes produce static electricity which is harmful for human body and mind.

The reason: body and mind are made of four natural elements and only those are acceptable to the body and mind.

Experience – I found foul smell emanating from the undergarment. I had to break my head to find the reason, as I am not accustomed to onion, garlic and do not use any perfume....

Later I found that I had worn synthetic pants that day (an anomaly as all my clothes are from natural materials – cotton, khadi or ahimsa silk). Synthetic also gives more sweat.

Whenever we wear synthetic clothes, it is better to watch our body, sweat, thoughts.....

Zero Therapy Lifestyle

Zero therapy people are not for materialistic value and crave for knowledge, which in turn may lead to wisdom.

Zero therapy people's lifestyle is such that whenever food is eaten, they are not much concerned about the taste but the property of the food.

Once the person is interested in taste, the property of mind is driven to lust, greed, violence..... . Wisdom cannot come to such a body.

Black Color

It is a strange correlation, accident that black color seems to have more magnetism – homework for scientist.

Any infra red thermometer is not able to read temperature correctly if it is shiny and white. The color has to be dark and nearest to black for accurate reading.

Hair is black, it has attraction through magnetism. Male is attracted to female and female is attracted to male because of hair. That is why traditional family members are asked to cover the head, so as to avoid unwanted attraction.

Willpower

The will power of an individual increases with overall happiness. Happiness with better half, family, blood relation, business, environment at business premises also depends on the client. If one is not happy the solution: Keep off from the product (Living and non living) which generates negative vibrations.

Liver and brain are two chemical factories for which the raw material is no chemical, and these two organs will not accept any synthetic or unnatural chemicals.

Secrets and Sharing

Knowledge should be shared and not to be kept with oneself but on the contrary business secrets should be strictly kept a secret.

According to modern science, scientists are now claiming that the kidney are giving wrong signals to the brain, but may I ask the research scientists, " When we don't still exactly know how intricately this body is self-generating, functioning and repairing itself – in a million ways at every instant – how can we assume it to be mal-functioning ?" Nature has provided eye in front and not at back, nature knows where to fit what.

Importance of Surya Namaskar in a lake, pond, river, talaab, etc.

The important factor is when the water passes from the top between the eye and the sun, the harmful rays are filtered and the useful rays improves the vision of the eyes, such people are not likely to need spectacles (provided they follow zero therapy lifestyle).

Idol worship

Any day the idol is better than the photo, particularly idol should be made of non magnetic material like gold, silver, marble stone, semi precious stone, sandalwood, rosewood, etc in a sequential preference. (Among all semi precious metals are much better).

Belief in any God of any religion and offering either prayer or deepam (lamp) regularly at a given fixed time improves the will power and one is likely to get energy from universe.

To Gym or not

Gym is not advisable because when muscles are expanded, correspondingly there is a contraction in the body which is harmful.

Doctor

One of the meanings of doctor according to dictionary is: a doctor is one who treats the disease (Our opinion "not the patient"). Whenever statement is changed in court it is called as doctored statement, whenever the auto meter is tampered, it is known as doctored meter.

In an accident when swelling is seen, the body actually rushes the blood to the spot where it is hit in order to cure it and it is not DANGEROUS, it's like dispatching the army to the site of action.

Generally when a medical doctor has extracted the juice from the body (operation) and the money from your pocket, he generally sends you to the physiotherapist to escape from the mistake that he has committed.

Cause of Laziness:

The main reason of laziness is constipation.

Origin of words

Buddhism: perhaps started from 'Right judgment' what is known as 'Budhi' – to judge what is right and what is wrong.

Money :

People think money and honey are both vital, honey for physical health and money for business health. Money means many means, money can make or mar one's life.. Money can make many things. Money is not everything and I don't want everything.

SUGAR TESTING :

Sugar is a must for body then why not eat pre digest sugar in the form of fruits.

Another interesting point : sugar test is done on fasting on all probable it does not hold any water and the body is under stress, so it releases lot of sugar.

More over sugar level is different in each country because food based on geography.

Sugar level is also connected with the status of the brain.

Bad deeds and good deeds – debit credit:

Many people think that the bad deeds committed in the previous birth will get debited by doing tapasya, so many of our friend go on one day fasting or eight day fasting. Just by doing tapasya which is credit in their mind they think. My dear friend there is no such thing as debit or credit. If you have done anything wrong one has to suffer at any cost.

And similarly if you have done good work he has to enjoy credit at any cost. There is no such thing as balance sheet.

Correct way of drinking of water . Photo from web. The reason is temporarily the air through the nose is block giving a right direction to water. Sometime it may go in the wind pipe if diff position is adopted.



DURATION of FOOD:

The time interval between sunrise and sunset is to be divided by four. Thus you have four intervals or 'prahar' as known in Indian culture.

The cooked food stays fresh for one 'prahar' or roughly around three hours but if it is continuously kept in a hot plate with a gridded lid, it may last longer.

Vessels for Preparing, Serving and Storing Food.

The best is terracota .

Terracota for storing and preparing and glass / fine porcelain for serving (without any paint).

Similarly for eating, plain porcelain is advisable.

FOOD, FAMILY AND HARMONY – IDEAL HOME

Everyone in the family is advised to eat together for harmony.

Heard some where – Men build houses and women make homes.

Home means full of 'Bhavana' where one is mentally comfortable. For comfort you need concern for each other. Must know in depth husband and wife's habits. Sometimes the habits may be wrong or disturbing – instead of nagging, the partner is advised diversion and peacefully making the other person feel it is bad for the harmony of the family. Once this is achieved, everything goes smoothly and eventually desired results just happen.

Now physical, house must have 4 elements - fire, air, water and earth. That means brass, glass, sandalwood, cotton, silk, wool, bamboo, cane ,ceramic, porcelain ,silver, semi precious gems stones, coconut shells liberal use----- all natural (for making all furniture or artefacts). The vibration of such a house is very different from the vibration of another house where synthetic material is used. Avoid synthetics to reduce strain on mind and body.

Why medical science is wrong – My opinion

Certain questions to throw light on the myth of medical science.

When a polio drop is administered, the child is affected by fever. Is it a remedy or it is a reaction to wrong action?

Its common knowledge that vaccines consists of mercury. The science agrees on the harmful effects of mercury. Body does not tolerate mercury and tries to throw it out in the form of fever. Then we try to suppress the fever .

Interesting case: Pune

A lady after 4–5 unsuccessful pregnancies – either the pregnancy got terminated or child died immediately after birth. The diagnosis of all the doctor was that her uterus was very weak and the lady could not hold the weight of the child .

Solution by the doctors : Advised not go for pregnancy.

She came to me. On seeing her from a distance, I diagnosed that there was nothing wrong with her body especially with her uterus. The lady and her family member did not believe. I asked her to bring her husband along. They lived in Pune around 1000km from Chennai. The couple came after a couple of days. After looking at the husband's tongue, I enquired if he ate betel nuts ? The answer was yes.

After over six months they visited again and after seeing the husband's tongue and body I advised to plan for the child. The age of the child will be around 10 years at the time of writing this book.

Platelet count down !

When the body is treated by antibiotics normally the platelet count comes down. Again common sense, whenever there is war, soldiers go to the front. This is the theory of platelets going down.

My personal experience-

A child suffering 104 fever - fever not coming down; the platelets are less than 5000; shown to doctor, doctor advised immediate hospitalization.

They enquired with me and the reason found by me -

He was riding bi-cycle for past two days.

Prescribed him hot milk with malai and within 2-3 days the platelets increased to around 75000.

VITAMIN B12

We are saying from beginning that **B12** is available in the plant food and science says **B12** is available only in meat. May I ask all the medical people as to how many died due to shortage of **B12**. To the best of our knowledge, NONE. May I ask scientists that for **B12** research, they take meat on one side and plant food on other side. For actual comparison it should be animal meat Vs human meat, then only the result will be right. Animals derive **B12** from the plant food. In the same manner human body also converts the plant food into **B12** in the body. To prove the test should be: Animal meat Vs Human meat and NOT Animal Meat Vs Plant Vegetables (as scientists have done) .

IDLY

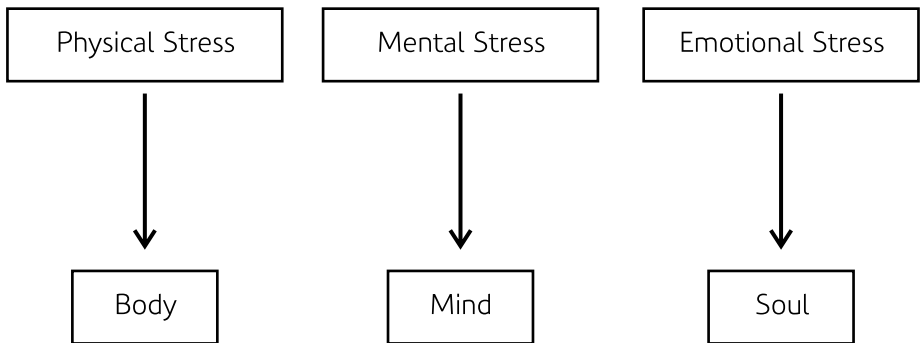
We are the first to say **Idly** is harmful for children and public in general due to fermentation (which is not good for body). It is my experience that in our local community, every Sunday children go to the restaurant for supper and every Monday morning they have complaint of stomach pain.

Please check this in your daily routine.

STRESS

Types of Stress

Stress are of three types, Physical stress, Mental stress and Emotional stress



Physical Stress: Any disturbance in the mechanical working of body can create physical stress, which varies from individual to individual. This again is based on how the child is brought up for the first six years and during the nine months of pregnancy.

The Solution: Food eaten by the body has to be only vegetarian food and no foreign matter to be allowed to go into the body. The reason is - near the nature is health, away from nature is stress and if its continued for a long period it becomes a disease. When the body is not at ease, it is disease.

Mental Stress: Each person has his own likes and dislikes. One has to try to be as near to his/her likes for NO mental stress. The moment he gets into the area of his dislikes, he gets into the domain of mental stress.

Things like perfume can also create mental stress for people following zero therapy lifestyle. Certain smells can relieve mental stress (positive smell are solution for mental stress like Henna, Sandal wood, Sandal oil, Saffron, Jasmine, Khus (Vettiver). **The effect of this are related to weather condition on each day and the effect varies from person to person.**

The Solution: The solution for all this is smell and smell and smell (positive smell).

Emotional Stress:

Each person has his own vibrations which creates an aura all around the body. If the aura is positive and powerful it can benefit the opposite person and if the aura is negative and powerful it can disturb the opposite person. Example Hitler.

The vibrations are total sum effect of

- Food one eats,
 - Food preparations,
 - The person who serves,
 - The atmosphere one eats in,
 - With whom he eats,
 - Where he eats,
- and most important, THE SOURCE OF INCOME OF THE FOOD.

All this affects the individual vibrations, which can be called Soul, in other words Energy.

- Powerful atma, Powerful Energy
- Less powerful atma, less powerful energy.

Cancer

Cancer is nothing but the survival of the fittest. If the dead / mal-functioning cell is powerful it kills you and if the live cells are powerful then they can save you. The more you take chemotherapy to kill the mal-functioning cells, the more live cells also get killed in this process - chances of survival are thus lessened.

The only solution is the rate of growth of live cells must be faster than that of malignant cells and that can be possible by food & food & food and lifestyle.

My opinion and experience.

That the body has a tendency to hide / isolate malfunctioning cells in places where the functions of the body are not affected. It is a signal that something has gone wrong. If proper lifestyles is followed, almost the cancer vanishes in almost all cases.

We have a proof of this.

FITS & STAMERING

In medical science person affected by fits has to be on medicine forever. But here is a case – documents enclosed with proof – wherein by prescribing right food and lifestyle, the person could overcome this impossible condition.

The reason for fits and stammering – most of the time the person who handles the child at birth is a smoker.

Fits and stammering in a joint family is likely to occur in a child whose father or grandfather or anybody who is near the child, is a smoker.

Food can cure any disease - Epilepsy



FROM:

L. SRENIK KUMAR
P.O. 2/117 "Sri Sai",
"TIRUVELLORE - 602001."

TO:

MR. VIPINCHANDJI,
"ZERO THERAPY"

Respected Sir,

I am very much thankful to you for curing my incurable disease. Myself and my family is very much satisfied and grateful to you for your treatment. You have done a miracle by curing me. Thank You very much uncle for everything.

I was having fits problem from past 16 years. I underwent treatment with

many doctors they said it is an incurable disease and they too don't know what the reason for occurring fits and the only solution for this is to take medicine daily for long life.

Then I consulted with 'Fit' specialist Dr. Velmurugan, he asked me to take CT scan, E.T.G, X-ray of chest and some other test. After seeing the report he asked me to take tablet eptera - 1 daily and some other vitamin tablet before sleeping. I took all that tablet regularly but when I missed it for a day I had the same problem. Again when I visited the Dr. he ~~not~~ advised me to take extra doses (2 or 3) and he told me to take it regularly without missing for five years and he said that if I skip this tablets for even a single day then I have to continue the course again for next five years.

Then I consulted with Drs of Apollo hospital, M.G. Ramachandra Hospital then the Drs advised for higher dosage. I took the tablets as the Dr. advised but I didn't get the full satisfaction. Seeing this my

wife was irritated and she advised me to consult with "MR. VIPIN CHANDJI". Meanwhile my sister who was suffering from severe stomach ache, vomiting and loss motion for an year, we took her to Apollo Hospital, DUMS Nursing home and Mercury Hospital for her treatment. They advised her for taking gastroscopy, Biopsy Test and CT scan and many other test, we took all that test but the report was normal and they couldn't find any reason why it is happening etc. we admitted her in "Datta Hospital" she was alright for three days and when we brought her home she had the same old problem again. During that time we took her to "MR. VIPIN CHANDJI" who is THERAPY SPECIALIST (No medicine treatment) and consulted him and he started his treatment and within a week she was relieved from that problem which she had from past one year and till now she is fine and she has no complaints for that problem. Being all this my wife she took me to that great personality and

he started his treatment on me and as he advised I followed his instruction not to eat food, black pepper, Garlic, spices, etc.

Now I am hale and healthy and I have not taken any tablets from the day I have started his course and even I have increased my weight and look more charming than before. Previously when I used to do fasting up to 6 not to eat anything whole day but I used to take tablet in empty stomach but now I am not taking any tablet in my fasting.

Seeing all this miracles I have advised lots of people not to take medicine and to consult with great personality "MR. VIPIN CHANDSI".

I have advised my Father-in-law to consult him. He had liver problem and swelling in his leg. When he started his treatment with "MR. VIPIN CHANDSI" the swelling in his leg and pain went gone before he was to take 10 to 15 tablets daily but after

consulting with uncle (NA. VIKRACHANDJI) he had stopped all that. He ~~was~~ underwent the treatment for six months and he had no complain but due to some reason he had stopped his treatment and consulted the Dr and he started taking medicine again. Now he is having his old problems again and he is suffering a lot and ^{now} he has realised that he had made a mistake by consulting the Dr.

Yet one more miracle that happened recently is that my daughter who was suffering from fever for past two days due to rain we couldn't able to take her to uncle directly but he gave her treatment through phone but the temperature didn't get down, so we took my daughter to see uncle, seeing the child uncle said nothing is there, the child is alright you just take her home and give her her complain at that time her temperature was 104 to 105°C

Conjunctivitis

I met one of my relatives, an eye specialist. He was having so called Madras eye. I jokingly ask him what happened – he simply said Madras eye. I ask him how he got it ?

He said -- I am treating the patient suffering from Madras eye so by way of infection, I am having Madras eye. In my opinion it is not an infection.

Proof: In a family of 5, 4 people were affected by Madras eye and one person was not unaffected.

Reason the lifestyle of this person was zero therapy and this kept him away from the disease.

When sky is polluted, the rain drops have the same chemicals – people get wet and all the people with poor immunity have the same problem.

----- Forwarded message -----

From : **Chirakshi Punmia** <chirakshindec@gmail.com>
Date : Wed, Nov 29, 2017 at 1:29 AM
Subject : Experience Sharing (THE PROOF)
To : vipinchandbomb@gmail.com

I was of age 5, in the year 2003 and was suffering from fever for a prolonged period. I underwent a couple of blood tests to find out about my condition and from the reports of private laboratories I was tested positive for Leptospirosis commonly known as rat fever. At that time zero therapy was not fully established and only after one visit to Dada (Sri Vipin Chand ji Bomb) he was certain that I am not a victim of this disease. We took a test again at the government laboratory, Madhavaram and as diagnosed by him the result was negative and I was not suffering from rat fever saving me from unnecessary medication.

Accident :

On December 13th 2011, I underwent a road accident when a rod of the auto rickshaw I was traveling in broke and pierced the portion near my left eye about 1.5" deep. My left shoulder skid on the road and the skin was completely burnt. I had a hairline crack in my skull and two finger on my right hand had been smashed. There was not enough skin on the left side of my forehead to take stitches.

By this time my body was accustomed to zero therapy lifestyle and I was following it for more than 5-6 years. We immediately contacted Dada and made sure that only the basic first aid was done at the nearby hospital and no other medical treatment commenced. After Dada visited me he reinforced confidence in my family and me that we will take care of the injuries without any ointments, pain killers, medicines of any kind and plastic surgeries that we're recommended at the first aid site.

The days that followed I only got the dressing of the wound done but without application of any chemical or ointment and only application of ghee prepared by cold process that is ghee which has not been heated, by a doctor. Luckily for us we found a doctor who understood our theory and did the dressing of the wound on our terms.

Simultaneously I was taking food items in particular combinations as prescribed by Dada for rebuilding the muscles and skin lost, also to heal the rest of the wound. He watched the development regularly and kept updating my food intake according to how my body was responding and the requirements of the wound. Within a month's time I was back to my regular schedule and had started attending school again without any surgery or artificial tampering.

CHIRAKSHI

Architecture student,

9962609548



image of regrown nail on injured fingers as of December 2017



image from may 2014



Fever- Remedy of the Body

Most of the time we suppress the fevers like viral and dengue – nobody tries to find the cause of the fever. Most of the time fever, cough and cold are inherent remedial measures of the body.

Experience:

One child was affected with fever of 104 degrees. Had he gone to medical science I do know what could have happened? Child and mother came I looked and ask whether the grandparents are in station or out of station. Grandparents were out of station and due to the emotional bonding child was psychologically affected, which in turn raised the temperature to 104.

I asked the parents to have a telephonic talk and that was the end of the fever.

Experience:

Another six month child, fever 102– Reason sound of mixie.

For 3 -4 days child could not eat nor could even drink anything .
Asked to drink boiled mishri water.

Another child heavy fever, vomiting , nothing goes inside the body,
not even water for some time –

Diagnosis

The smell of special adhesive material used as a glue in the child's school project.

The brain chemistry got changed due to of chemical or adhesives.
Ghee was applied on nose as inhaler. The brain chemistry got restored after a few days. In such case child was also ask to go to park for oxygen.

The solution of wrong smell is not there in any science. In Zero Therapy we apply the counter smell and oxygen – like smelling ghee, rose flower, clean air in the garden...

Experience :

Many a time eating more is important though people think otherwise.

My experience with one of my friend who is the owner of a tea shop in Govindappa Naicken street, Chennai. He used to get up normally at 4.30 am in the morning. One day he came to me complaining that he got up at 6 am. First question I asked - how much do you normally eat and how much you ate yesterday. "Normally I used to eat 6 puris , yesterday I ate only 4 puris". I told him to eat 6 puris that evening and watch the time when he wakes up. To the surprise of himself and his family members, he got up at 4.30 am. People may think it is a coincidence or a fluke. My dear friends come to the next part of the story: I asked him to eat 4 puris the next day. You all may be surprised to know that he got up at 6 am. So, it is not a coincidence but sheer application of science and science.

Moral of the story : Don't sleep on an empty stomach as gas is generated and it may reverse back. (In the above case study, this gas reversal hampered his bowel movement which was his trigger for waking up).

Sixth Sense

Success of a person is in using the sixth sense, practicing the 6th sense. Predominantly the 6th sense comes to a person whose body is without corruption.

Corruption means many things – negative smell of foods onion and garlic, attachments, egoism, jealousy, pride of look, status etc....

Suppression of Fact and Truth

People try to know the truth but are not able to understand it.

The basic qualification of truth is, the cells must accept the truth. Cell will accept the truth when your lifestyle, food style, faith, and most important – the source of income – are right. If source of income is not right, the body is unable to connect to the truth.

Suppression of facts also comes under untruth.

Effects of Wrong Lifestyle:

Earlier in Indian tradition girls used to mature in higher secondary school and nowadays due to wrong lifestyle, they mature by 7th or 8th grade.

How much the lifestyle makes a difference on emotional and physical health ? Mind you my reader maturity is not only physical or mental it is both combined.

Too much time with modern gadgets, television, mobile, watching advertisements in newspaper are together responsible for early physical maturity in human beings.

Unbelievable

A child of 8 years not able to speak, understand, declared as abnormal child.

Gone for a talking therapy.

Went to all doctors.

Grandfather was a doctor himself.

Came to me for diagnosing the problem After looking at the tongue and I asked one question –

"What is the one item this child is eating regularly ?".

Unknown to his family, the boy was eating foam taken out from the sofa, everyday.

After stopping and prescribing proper food the child was totally alright.

Proof enclosed.

जय मंगली

मावेश

उम्र 8 साल

पिता - दीनेश

माता - ममता

दादाजी - मोतीलालजी

दादीजी - बसन्ती बाई



मावेश बोल नहीं पा रहा था। क्वा बोल रहा है हमें पता नहीं चलता था। हमने बोलते थे मावेश समझ नहीं पा रहा था। दूसरे बच्चों की तरह नहीं बोल पा रहा था।

मावेश के नानाजी डाक्टर हैं जम्बई महीम में उनकी

Clinic है।
 आवेश के भाभाजी डाक्टर
 को बहुत बार बताया। आखिर में
 उन्होंने ENT डाक्टर के पास ले
 जाने की सलाह दी। और टोकींग थैरेपी
 (Talking therapy) के लिए कहाँ।
 हमारे घर के पास एम. जे. जानकी क्लिनिक
 Nagamari garden 80 सर्जन डॉ. के पास
 लेकर गये। उन्होंने भी मुझे चेक किया और
 तीन महीने तक Talking therapy का
 कोर्स कराया। मगर कुछ भी फायदा नहीं
 हुआ। Memory कमजोर हो लगी। शरीर
 से भी कमजोर होने लगा। चलने फिरने में
 तकलीफ होने लगी।
 दांत भी गीरने लगे।

भावेश के जानाजी डाक्टर ने 3 दिन में दो बार पेट से ब्रस करने की सलाह दी। दिन में दो बार ब्रस भी किया।

हालत दिन पर दिन बिगडती गई

"Zero therapy kutumb"

विपिनजी

विपिनजी के पास

भावेश को लेकर गये। विपिनजी ने भावेश का मुँह की जीभ को देखते ही कहा।

भावेश हमेशा एक चीज बहुत समय से खा रहा है वह चीज बहुत खराब है।

विपिनजी की Zero therapy द्वारा

भावेश चार पांच दिन में ही ठिक हो गया जैसे कोई फसलकार हो गया हो

जैसे कोई समस्कार हो गया
भावेश का वजन सात कीला बूड गया
और Healthy हो गया।
बोलने लग्य समझने लग्य।
हमारा घर No Medicine हो गया।

विपीन जी ने कहीं कोई चीज खा बहाई
हमने घर में आकर देखा कि भावेश सोफा
सट के अन्दर से खबर फोम थोडा थोडा
खरता था। सोफा सट का फोम सोफ पर
सोते सोते TV देखते मुह में थोडा खाता
था।

भावेश के दादाजी
मोतीलाल जी

Moti Pipes Corporation
85 thambuchett St
Chennai 600001
☎ 25241217, 25211274
E-mail: Motipipes.corp@eth.net

Brushing teeth with badam oil.

Even the bottled water contains fluoride which according to us is acidic and hence harmful for teeth.

I have some questions to ask – by brushing the teeth and using tooth paste are we not removing the enamel of the teeth?

By brushing are we not creating gap between the teeth and the food further deposits in the gap?

Not eating over a long period also creates acid in the stomach, which is most dangerous for tooth.

My experience with the patient.

My friend telephoned me that there is severe pain in his tooth and that he was proceeding to the dentist. I asked him to apply sandalwood and saffron paste on his stomach in a particular way. Due to heat and cold, the gas in the body passed out and the tooth pain subsided. It was not only in this case. It worked out in many more cases.

Needless to say it is a prescription for the person for that particular moment in time. Since each body is integrated and each time the behavior of the body is different due to various factors and it need not be taken as prescription for the problem.

Virgin coconut oil pulling

One lady was suffering from severe tooth pain .

By her luck she watched the video of oil pulling @ www.zerotherapy.com and she did oil pulling as in the video. The pain was gone.

Moral of the story :

Many a time watching video on www.zerotherapy.com also helps.

Another phone call from Finland.

Blisters on the side of the tongue .

Unbearable pain.

I asked sitting at Chennai – you have drunk coffee?

Reply was yes.

Asked to do oil pulling of virgin oil. Not surprisingly there was a call in the morning from Finland – fully cured.

Yet another example : one person came to me with shaking tooth.

Advised – Cotton soaked in water, compress and remove the water, place it in the place where there is pain and press it in gently. To my surprise and his surprise within 2 days gums and tooth got fixed automatically.

Here faith and science came together.

Hot – Wet , Hot- Dry

Cold –Wet, Cold- Dry.

People think Zero therapy is mere Hot and cold but further improvement on this science is dry hot, wet hot.

One lady was having a tremendous ear pain.

She use hot air blower .

No relief.

Comes to me, tears in eye, unbearable pain.

I myself could not see the pain. Told her to go to doctor immediately and see if he can help you.

Here when I came into the kindness mode, the science stops.

But, since the lady involved is a regular zero therapy follower, she continued to wait. I then told her to use Dry hot cloth on the ears.

Amazingly, unbelievably, within 5 minutes she was normal.

Many a time, time is wasted in teaching how to save time.

Olden day cricketers tend to live longer than other sports persons.

Cricket is not a pure game of muscle. It is a game of using intelligence, speed , stamina, most important staying in sunlight for 8 hours. After each stroke you have breathing time, after the bowling you have breathing time. Due to sunlight and rest in between intervals, the life is longer.

Teeth is connected with the gas in the body. Small pain in the tooth is directly connected to pressure. When gas is passed or released in the body, the pain in the tooth is also reduced.

The formation of gas in the non vegetarian body is more compared to that in a vegetarian body.

Uncommon common sense

Foot problem

My experience is many people complain of pain in the heel. When I advise a slight change in design or pattern, ask them to wear leather sole-upper and leather upper with soft spongy rubber sole, the pain is gone. In fact, spongy rubber sole and leather sole upper is best footwear.

Nature :

Nature wants to bring down all the chemicals polluting the air, onto earth, hence heavy rain. One of interesting fact - the trees shed so much leaves, particularly neem trees, during these rains. Yet again home work for scientists. Probably they are not able to take oxygen in the night due to heavy pollution - in order to survive, they shed leaves.

My experience :

While on temple tour I met a saint. They were eager to know about the basic philosophy of zero therapy. While all three lady saints were interested and it was a long talk during the discussion, two nuns felt sleepy. I told them on their face – even though your mind is interested the body cells are not interested in accepting the truth. The reason – they were under some medication at that time, which consisted of alcohol, which the saints were not aware of.

Yet another proof of " What matters to the body is the matter that goes into body"

Tension :

- Mechanical (physical)
- Emotional (stress)
- Your own thinking

My experience:

I can be without water , food , sleep for sometime during heavy rains.

The fear of heavy rain disturbs me so much that I have to go pass stools to reduce tension – body reacts automatically. The stool is a tension reliever. If not, body will develop Blood Pressure. The reason is the past memory .

In spite of my trying to delete the memory I am not able to delete it. Most of the time past memory is a problem and the person imagines the future to be in the same way and invites stress.

Physical stress can be always overcome. Emotional stress can be overcome by sattvic food only.

Definition of tension : Station of tense – created by oneself.

Danger of Home Remedy

Many Indian people use oil and camphor for skin. It invariably does not work. The reason, the camphor is not pure. Another point – skin doesn't accept anything externally. Skin requires lubrication internally through halwa, milk sweets..

Sun and Digestion

The digestion of human body is at the best when the sun is just above the head. During sleep or after sunset, the digestion slows down.

An interesting anecdote:

Zero therapy lifestyle is for purity of soul . Almost everyone accepts.

An interesting phone call from a lady is that her husband wants to go to saintly life, what food should be eaten to come to worldly life.

One can remain in saintly life. However, it is important that there is no attachment to saintly life. Detachment from worldly life and remaining in worldly life is living a saintly life.

Can wrong food be changed by the Bhavana of person making the food ?

No. Because the Bhavana of the wrong food is more powerful than the Bhavana of person preparing the food.

Tyag (sacrifice) and Vrata(fasting)

Tyag is satisfaction for leaving something without expecting anything. It is just to improve the individual's willpower.

Vrata is connected with religion where the willpower is not strong and expectation like moksha and devlok (heaven) are prominent.

Imbalance

Imbalance is the word given by medical science. In Zero therapy science, hot and cold ratio are fixed at time of birth. If it changes on some account it is so called Imbalance.

Solution :

Eat right food so that the gas passes out. The right food required lubrication, more soluble fibre, less insoluble fibre, inhaling of natural smell like saffron, ghee which may be suitable according to geography or climate of that place.

Constipation

When a person comes from cold places, signals are stopped from the brain due to the gas on account of cold in the body. When the gas does not pass out and urine is not proper then the person gets affected with constipation.

When the person does not pass stool, stool becomes dry, it creates gas resulting in further constipation. Normally it happens when a person eats insoluble fiber. Suggestion – ripe banana, ghee, ghee with milk (clarified butter with hot milk) only suggestion as many more variables may be involved – listen to your body, body knows best.

There are instances of pet animals like dog (carnivores) fed on vegetarian food are much more intelligent than normal dog with better stamina.

MONDAY,
JANUARY 11, 2006

NEW INDIAN EXPRESS

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AUGUST 2, 1999

Forum

Should one resort to animal killing for a healthy and balanced diet?

Maneka Gandhi, it seems started it all, the ethics or otherwise of being a vegetarian or a non-vegetarian. She has added the necessary pep to the age-old debate on the rights and wrongs of what you eat. At a time when she has been awarded the Diwaliben Award (1999), for espousing the cause of vegetarianism, we at Forum can nibble at the for and against of being a vegetarian.

Vegetarian by evolution

Vipin Chand, president, Rotary Midcity, has changed more than 200 non-vegetarians into vegetarians in the last two-and-a-half years.



"Man is a vegetarian by physiology. The different

stages of human evolution including the Cro-Magnon man (precursor to homo sapiens), have represented vegetarianism. It is so alien to consume meat, fish or egg that even dictionaries have not acknowledged the word 'non-vegetarian'. Non-vegetarians have low life expectancies. On the other hand, vegetarians are found to have higher instances of alpha waves generated in the brain."

"Can I smoke here?" In a city that is one big ashtray, it may sound ridiculous to ask. The man who asked the question had lived in Chennai till a couple of years ago. But you see, he now lives in Kerala where there is now a ban on smoking in public places. "The moment this politician sees a lit cigarette they chase you away as if you are a thief," said a young just-returned-from-home Keralaite in disgust. Well, what do Chennaiites think? Should Manika Gandhi rise a leaf out of Kerala's book or remain the way it is?"

Smokers kill others too



Vipin Chand, president of the Rotary Club of Madras City which admits only vegetarians, meat-eaters and non-smokers, says a firm 'yes'.

"When you are a smoker, not only do you die, but you kill others too. It is a crime. If I find an auto driver smoking, I do not hire his auto. I ask him to drop the buds or cigarette, and if he refuses, I look for another auto. I haven't cut any hair in years because I'm not to find a barber who does not smoke."

"It is no doubt a good idea to ban smoking in public places, but how do we enforce it? I doubt if such a law will serve the purpose. What we need to do is to educate the public and create an awareness that smoking is not an art that can be condoned. If everyone begins to look down upon smoking, then I think we can convert the smoker."

"We faced this problem in our club. For the past two years, the membership was just four. Now it is twelve. We

have now launched an awareness campaign.

"After all, I see no reason why anyone should want to smoke. Last week, I was woken up by bad smoke and found a thief lurking near the bedroom."

No going back



M Selvaraj, attendant in a city parking lot, claims he is a recent convert and swears he will never go back to smoking. "It is a good idea (to ban smoking). I was smoking one-and-a-half packets of cigarettes everyday till about six months ago. Today, but for an occasional fog, I have given it up completely. Now everyone is happy - my wife, children, and others at home. I suffered from severe cough and cold that wouldn't go away despite of treatment and then I met this gentleman who advised me to try and give up smoking. I did, and now I feel better."

Blood Circulation

One important factor of life is blood circulation which everyone knows. But many time diagnoses is wrong.

Experience of a Zero therapy follower –

"I had severe pain in calf muscles on right leg for more than 15 days.

The pain was very severe and I was not able to sit or sleep for a long time.

Everyone in my house told that the pain was due to cold (as I was walking bare feet in the rainy days) and suggested me to do some heat treatment. I poured some hot water on the pain area but there was no relief.

When I came to uncle he on seeing the leg within seconds diagnosed the pain as due to strain.

Then I realized, when it rained for a week I was at home and climbing stairs for 10-12 times a day and carrying my son for almost the entire day.

He told me to drink jeera water boiled and filtered – warm –and on drinking it I had good urine and stool whereby my pain subsided to a great extent and was able to walk easily.

Doctors would only be looking at muscle, repairing the muscle. The doctors would treat the muscle externally. Blood circulation was increase by jeera warm and muscle loosening".

Life is hot and cold

Body is hot and cold

Universe is hot and cold

Cause and Effect :

Any action has a reaction. Reaction becomes an effect and it also becomes a cause for next effect.

Example : Somebody was treated for Blood Pressure the so called cause. He purchase kidney problem, treated another problem, it goes on and on.

HEARD SOMEWHERE :

People who think money can get everything, can do anything for money.

"many a times money can destroy truth.....temporarily". This is kalyug.

Interior and exterior of body :

People are spending lavishly on interior or exterior be it a building or own body.

But in real sense interior is uplifting the atma by getting nearest to the truth . Thereby the interior improves and exterior of the body in the form of aura also improves.

Moral of the story : Don't waste on garments-jewellery, nail polish,powder, shampoo, perfume....etc .

Smell and Digestion

Food generally is for physical, food is for software, recipe covers not for the hardware and not the software of the body, it is the software that runs the body. Mind is the software.....

Mind runs the above software, the software needs the battery and the mind is the battery. Internet is the universe in the form of collective bhavana (Hot & Cold).

Internet is invisible, mind is also invisible

Internet gets repaired, mind also can get repair

Wrong company, wrong food all can repair the mind....

Power of intention

The Newtons law said Every action has a reaction.

Excuse us, we go further, the law of Zero Therapy

"Every intention has a reaction."

For there cannot be any action without intention.

The entire world is run by intention, intention, intention can be hot and cold.

- Hot- Destruction
- Cold- Construction

Nevertheless, the total energy remains the same. All the time it so happens that the intention is good, the person can get the work done just by thoughts and thoughts. This works only for constructive purpose for betterment of universe and not for selfish motives..

Leadership:

Leadership starts from the person who has the capacity of sacrificing for others, if he loses he takes the blame on himself, if wins he gives the credit to others, you have to sacrifice your name, fame, money, time, ulterior or selfish motive. One should have a mission. Only very few can become leader others are so called leader. "In a way it is depended on the previous birth karma" Leadership alone will not work without team, meaning of team as I said is Together total Energy in Achieving the Moments goals.

Husband and Wife

Zero Therapy goes beyond food-hitherto known as food therapy. It goes hi-tech on philosophy. It is not only the food that matters but little beyond that. This theory is applicable for spouse, what one breath out (Exhale) becomes breathe in (Inhale) for other spouse. Between the spouses the exhale of one of the spouse becomes the inhale of the other spouse. If the negative breath of one of the spouse is comparatively powerful then it can affects downwards side of other spouse in terms of health, business, socials. Similarly powerful positive breath out of the spouse can improve the health, business, social on the upward side of the other spouse.

Harmony

The exhale of the person has got built in thought for the other person. The simple reason is that each breath out (EXHALE) has powerful 'bhavana'. This art has been used in winning the opposite person. Now it's purely uncommon, yet it is common sense. The husband wife should sleep in the posture of 63 and not 36. 63 is facing each other and 36 is not facing each other.

Thoughts

In business if one has to convince it is advisable to have one to one talk in close rooms without any assistant, so that their thoughts does not affect the individual party involved. It is the reason for many committee and commission failing to get result because it is not one to one.

Moral:

Among the partner, both the partner should have 100% positive things (it is positively related to positive food as mentioned in our site) and hence positive exhale automatically. And by doing this health, wealth, status, social can be improved of each partner. It reminds me of law "Every intention has got a reaction"

Education

In the present day of heavy competition it seems a day will come when education will lose its importance and which is right in my opinion. When there is competition, in the long run, for success time plays a vital role.

Ex: a man goes for MBA, PHD etc , look at the time he spends is getting the bookish knowledge which will certainly change, when he/she practically apply in life, the things will be different from what he studies due to the time factor for studies.

Now a 10th or +2 goes for specialized subject he certainly get the current knowledge and he grow physically, mentally and gets knowledge depending on the current factors.

The moral of the story is to go for specialized knowledge after +2 and not to go for bookish knowledge.

Family relation in India

Head of a family is advised not to be figure head but he must be genuinely concerned about the all other family members. This truly requires great sacrifice on the part of head and the spouse.

Good intention and bad intention both creates aura in human beings and even in animals, all depends on the intention.

Advice: See that individual aura improves and once it happens then he can get his work done without talking and without action (provided it's not for destruction)

----- Forwarded message -----

From : **kavita oswal** <kavitaoswal13@gmail.com>
Date : Mon, May 29, 2017 at 7:35 PM
Subject : Fwd: Find The Attachement
To : vipinchandbomb@gmail.com

Jai Prakati

I 'am blessed to be the part of zero therapy kutumb and thankful to uncleji the founder of zero therapy for giving me a new life.

I'am following zero therapy from past 10 years and have many times experienced uncleji's diagnosing power.

Now I'am going to share my experience with zero therapy.

Experience 1

After 6 months of my marriage in 2010 gadag, I was conceived. As I am a follower of zero therapy and was very much aware of zero therapy baby I did not take any kind of iron and calcium tablets, I followed the do's and don'ts of zero therapy and I was perfectly alright.

In my fifth month of pregnancy, due to some complications doctor advised me to take bed rest and some medicines. So due to my family pressure I took best rest but dint't take any medicines.

In my seventh month I came to Chennai at my mom's place. I visited uncleji once again, he diagnosed me and said I will not get any labor pain since I was at best rest. As uncleji told I dint get any labor pain and I was forced for cesarean. After my delivery due to

over dose of medicine I wasn't able to eat anything and had continuous vomiting and head ache. I couldn't even feed my child due to cut in my nipples.

Finally I took medicine to stop vomiting and head ache which reacted and I got fits in the mid night. Next day I went for an MRI, which showed a blood clot.

I lost my memory, I wasn't able to speak, couldn't recognize my body and right side of my body was paralyzed. In short according to medical world I got THROMBOSIS problem.

Then My family took me to DR Deepak Arjundas, Mercury Hospital, after 7 days doctor asked to go for brain surgery. Suddenly in my sub conscious mind I realized that uncleji once told in a session that injections affects the body a lot and I started fighting with the doctors using my hands and legs as I was not able to speak.

My family also had knowledge about this as I often used to talk about uncleji and his therapy and also my sister-in-law is following zero therapy , so my family understood my strong belief and took me out from the hospital

Finally my brother and my husband went to uncleji and requested him to see me again. I was treated for my shock by uncleji and I was almost recovered within 25 days. Without meeting uncleji and without money and [it was real miracle which cannot be done by anyone else even with lakhs and crores. I am thankful to uncleji not only for treatment but for personal intention for him on me to get cured.]

Experience 2 – My second Pregnancy

After 3 years, I conceived my second child for that doctor asked me to take injection from the month of 5 and I don't want to do so as uncleji assured e that injections are not necessary for my delivery but the doctors were not ready to proceed for the further treatment without injections. Finally we explained the treatment which we are following and the delivery was at our own risk then the doctor accepted for the treatment. At last I delivered my second child successfully without any complications.

Experience 3

After my delivery of second child according to uncleji treatment she was very healthy but she had some allergy on her face and on her ears. When I went to uncleji regarding this issue he said the is nothing to worry., days passed on but ther was no change. Doctor suggested me a cream to be applied for the child but the problem has not cured permanently, finally I took her to uncleji, he gave me the treatment to be followed.

I followed accordingly and within 6 months the problem was cured permanently

Life took turn for me. I lost my memory lost my eyesight, my right hand and leg was paralyzed. I could not speak nor understood anything, it was impossible for me to come back and lead a happy life, only the zero therapy made my life again. Now not only me but my family too leading a healthy zero therapy life style.

Today's life

Doctor-----Money-----Scans-----Reports--
-----Tests-----Medicines-----Checkups-----
Doctor

Zero Therapy Life

Uncle-----Treatment-----Happy zero
therapy Life style.

Uncleji Is the one and only solution for all human problems whatever it is. My whole hearted thanks to uncleji. You are the biggest gift for me in my life. You made my life again. You have given me rebirth. I am Thankful to you until end of my life.

If Anyone wants to know more about it we are ready for giving interviews.

Kavita A Jain

9035556696/04426690577.

Every religion head says that one must have good thoughts, please believe thoughts are not a stock to be stocked, all the thoughts are direct relations to "what matters to the body is the matter goes to the body.

Dharma

Dharma is truth and nobody needs to save dharma because dharma itself is so powerful that it can take care of itself and hence to save dharma there need not to be any fight. There should not be any violence in name of dharma, dharma itself is non-violence.

KARMA

Depending upon the intention, karma is either credited or debited, the intention are two types, credit and debit. We are by virtue of past karma, enjoying the present. Let the present level improve on the credit side by good intentions.

The result is Karma but this doesn't mean one should not work. Purshat is more important, leave the result to karma. In business the yearly profit is more important than profit in individual transaction. Keep in mind the yearly balance sheet and not the day to day balance sheet, so as to avoid unnecessary time.

Every intention has got a reaction and this intention creates future and it can ripe in this birth or in future births.

One should not grudge spending money on personality, management, time saving but certainly one must not spend on habits.

If one is closer to in laws means spouse are in harmony with each other.

A day might come when he/she will be introduced by not parental name & fame but by in laws name & fame.

For success in business one must open lot of files with maximum data available but one must be careful in closing the files. Closing the file is a must. Once the file is closed one must then be able to concentrate but one must be able to recall whenever required. One must be like monkey, intelligent and flexible.

Meditation :

Meditation in my opinion is nothing but selling a concept. Mediation in my opinions is nothing but detachment and when once this happen a person is able to meditate anywhere any place.

As I am today I want to share my experience:

I had never set a target in my life, the result is I am happy, very happy, no failures much better than yesterday.

Advice for younger generation:

Work ,work, work fruitful , not to drain the energy do the work of your choice not to listen to your parents if it is choice of your business, of course in other respect your parents.

All this point comes from uncommon common sense. Keen observation gives power of observation, being nearest to the nature give detachment, the nature of nature is the purest form were nature doesn't have jealous, egoism.

One should not become watchman for money, once he becomes watch man he loses all his ability (all fields) If owner becomes watchman for money he is reducing the status of the boss.

The solution for increasing concentration:

First and foremost point

One should have detachment from materialistic value which of course is not easy

Second

One must have a switch in the mind which can be switched on and switched off whenever required, this is the fundamental basis of concentration.

Example: when one is talking business first we should switch off everything else other than immediate business, not bothered about the bank balance, about the worker, work loss, micro managing business. Just be in the ground. What is required, if one wants to play cricket he must be in the cricket ground and not think about the football ground, one has to shut off everything else to remaining in the arena.

Keep off all unnecessary thing before the subject starts, like when we want to negotiate keep off the liquids like coffee, tea, water and laptops phones should be off, and all unnecessary things that disturbs materialistic or physical and both should be off within that arena, eye to eye contact, watching the body language, just be yourself and the subject.

Above all the person who wants to concentrate should go for stool twice a day, morning and evening. It is also my experience that Zero Therapy body goes for stool morning and evening, not twice in the morning.

One should work ,work ,work but not to the extent of becoming workaholic and at one point when mind becomes tired of course the body doesn't become tired.

This is my personal experience that I used to diagnose 150 patient per day and talk to 200 people per day and that used to give me energy that time but now if same people talk the energy is drained, the reason mind is overworked.

The solution for such person is to have one hobby.

The 3D's of Management:

1. Discipline
2. Dedication
3. Decision and more important is not taking decision.

"श्री" is auspicious and good, because it consists of the letter "SH"
For that matter almost all words consisting of "SH" are interesting
For Example: Jagadish, Krishnan interestingly Cash also has "SH" ,
hence maybe auspicious and really good provided earned in the
right way.

Incidentally most Zero Therapy followers have "SH" in their names:
Naresh, Nilesh, Abhishek, Dinesh, Sheela, Shantilal, Vaishali,
Akhsay, Anshuk, Ashish, Ayush, Divesh, Jinesh, Manish, Prakash,
Vishal...

Exercise for the sake of exercise is not good for health, One can give work to the muscle in daily routine life, this is useful & harmless. When one does exercise for boosting up the muscle, the body releases a chemical which is harmful, (as per the version of latest scientific research) please refrain from over straining the muscle.

A good Speaker is the one who achieves nothing but claps. A Preacher is one who doesn't get claps nor slaps but gets the people Transformed.

A Teacher is the one who teaches and remains in the same class & the student may raise to any height CM, PM....

Advice :

Present day people use technology even when it is not required but having paid the money for technology he wants to use it and in turn he may lose his time.

One has to balance between technology, time and the recharging of the brain. It may so happen that by over depending on technology, brain may get discharged and will not have power to re-charge.

The charging for the brain is solar energy. One has to sit or walk or do some work or swim directly under the sun so that brain gets charge.

Technology in the present world:

Human civilization is born for development and growth. Technology in the present scenario is a must, on the other side we find people depending too much on the automation in turn sometimes forgetting to use the brain even for memory he has to use the button, may be after sometime somebody will forget which button to press.

Moral : Don't be a servant to technology even though technology is a must.

There is no bad time for good work only when our confidence level goes down we use the excuse of bad time or chakra or grahas, etc. No doubt Grahas and all are science but we should not be carried away for our day to day work. Ultimately it is the karma's that prevail. Keep doing right things and it'll end up in a fruitful result. It is better to learn from other's mistake rather than to learn from our mistake.

The solution for reducing tension is to delete the unpleasant past memories. Do remember to forget the past if it is unpleasant. A good memory is a one which forgets unnecessary things. If one is not attached to the world, memory improves for improving the memories all the five senses have to be in synchronization.

ZERO THERAPY is for spreading knowledge and not for spreading any RELIGION.

Almost all the religions are preached on some sort of rewards, may be salvation or moksh and whenever a karma fruit is expected it is not religion in my opinion. The essence lies in believing in karma and not fruit of karma. Sometimes the expectation of result may give you will power for fasting for 60 days. Even Muslims are fasting for 30 days, and each religion has its own culture, one should never think that his/her religion best in the world all religion are equally best.

A point to be noted is that one should love his religion and respect all other religions. Religion should not be attached to name, as generally happens in the world. When we are interested in doing business with the world we have to follow the ethics of the world. If anyone wants to comment based on religion then he is strictly advised to refrain.

If one fasts for the sake of religious returns, then it is not correct, but when someone does for improving will power then it is perfect, correct, accepted and genuine. The essence lies in the intention.

" The aim of author is that the definition of food will change in due course of time in dictionary, food means only vegetarian food, it has been proved in the book spiritual food authored by Vipinchand Bomb but not yet accepted by the world.

The major point here is that the persons involved in the making of dictionary are not 100 % vegetarian."

It is observed that all Zero therapy born and branded babies have better IQ. The observation is that the rate of blink of eye is lesser when compared to others. It's a different BREED all together, all the 5 senses (Indriyas) work together. The food Zero Therapy babies eat makes their hair as soft as that of a 'hare'. No doubt they can be intimidated by a meat eater or flesh eater but due to their software in the head working beautifully, they can escape due to uncommon common sense.

A person is generally angry when he doesn't have convincing power, sometimes the thin body which is meant for carrying more load also get angry often. As a matter of fact shortage of love, affection, convincing power can make the person angry. Sometimes it is necessary to get angry, when a question of principle arises.

Speaking of load, children in school should carry the bag with the bottom of the bag starting from the tail bone.

If laughing for the sake of laughing then it is only physical exercise and it is not advisable but laughing with reasoning like children seeing the Pogo then is a good mental health exercise and is correct.

When in business watch the posture of the opposite man, when he is leaning back on the chair he is not in your wavelength, if leaning in front towards you then it means he is convinced.

If one has to learn observation , it is advised to go to PRE KG teacher to learn the same, they are the best observers.

My observation is that any negative smelling item when eaten the person is not able to judge the right thing due to the coating on the Budhi

Sometimes sixth sense can observe things which are not physically present, for example when earth quake is about to occur the herbivores animals are able to sense it prior to anyone else. Observation on account of sixth sense.

Observe plants and animals, live like animals and don't behave like animals

It is observed that when the child cries and the mother keep the child on the chest and then the child stops crying, the reason is the vibration of the mother's heart gives the child a feeling of security, yet again observation.

Apple was falling all the year but Einstein only could observe things and then could observe the reason behind it, i.e., Law of Gravity.

Ladies have the best observation and observation starts from kitchen but they don't know the science behind it,

Example : In kitchen when milk starts spilling over the gas then ladies put a thick ladle and the spilling stops the reason is heat is taken away by the ladle.

When you think professional, work professional and act professional then you are stamped as a professional.

When a man handshakes professionalism is visible. The left legs forward and right hand forward for hand shake, body bent around 45 Degrees eye looking into the eye of the opposite man, this is professionalism.

Purpose of Individual life:

One should select the line of his choice be it in business, be it in profession. The optimum efficiency of individual is thus achieved. When a person takes work as hobby he never has to work for achieving result, over a period the person becomes workaholic (Being a hobby) and it becomes the nature.

In India particularly joint family, individual purpose of life is bit difficult. The best advice for youngsters is to fully involve in business during business hours, at the same time try to take out time for personal achievements.

Zero therapy is based on principle of shrinking.

Shrink desires, shrink wants, shrink comfort, shrink varieties of food and so on and so on. Resultant of all this is the expansion of soul. Again it proves the theory of zero therapy i.e., expansion and contraction. This proves the law i.e., every action has an equal and opposite reaction.

Parents see that children standing on their own leg:

The duty & responsibility of the parents is to see that the children are able to take the decision on their own, this is the yardstick for children for standing on their own legs. But Parents can watch them from distance while have the strings with them, (not rope) Rope can pull but string is a connectivity.

People don't see how the things as they are, People see the things as they (people) are.

Don't go for searching for Peace, peace lies within you, don't blame others.

When you control money you enjoy the money, but when money controls you money enjoys you.

When money is not utilized and lying idle, as it happens generally in traditional family (Control by elderly people) it is - Money controls (Money is the 'Karta' - Money controls you)

Advise: One should have money control (The person is 'Karta' - here you control the money).

The man with imagination is never alone - Anonymous

To teach is to learn again - Anonymous U never get a second chance to make a good first impression - Anonymous There are two times in a man's life when he should not speculate: when he cannot afford it and when he can - Mark Twain

How to make a speech: Be sincere Be brief Be seated -
Anonymous

When u can't change the direction of the wind-adjust your sails. -
Anonymous

Success comes before Work only in dictionary -Anonymous

It is my experience that if the wealth has to grow then it has to be joint family business. The reason is one son acts as purchase officer, other son acts as accounts officer, other son as PR officer and father as the head of all department.

Advise for Son:

To help father in business, reduce the strain of the father in business, eat along with mother, play some pass time games with mother in the house, share a cup of tea with parents in the house, keep teaching the family tradition to the respective spouse.

Advise for married daughters:

To visit and enjoy the family atmosphere of the parental house and not to interfere with the day to day work of the daughter-in-law of the house.

Advise for Father-in-law and Mother-in-law:

Daughter-in-law should be treated as daughter of the house and not daughter-in-law, but daughter-in-law should follow the customs and rules of the husband's house.

Advise for Parents & Grandparents:

Kids should be taught to be creative right from the birth, in the process if the child breaks the item by mistake, it should be treated as part of the creative process. We should not mind that, but educate creativity on the constructive side.

Advise for professionals:

For professional Gents : Full sleeved stripes shirt plain trousers contrasting if medium belt or on the fatter side.

If it's on the slimmer side: Loose horizontal sides preferably light color shades, contrasting color pants and all in cotton.

For Professional ladies : It is advisable to Indian ladies to remain housewife and dress code should be saree since it covers the sari body (Full Body)

Advise for Parents and Grandparents : Children should be encouraged but not appreciated to the extent that they become big headed (Andho main Kana Raja).

Zero business:

Very high percentage of margin in business is not cheating, what you show has to be given. In some of the hotel coffee is available at Rs.20 and coffee is available in star hotel for Rs.200– Rs.300. May I ask does it amount to cheating and people on the contrary gives thanks after tasting coffee. It is what you sell and how you sell.

Elephants:-

Elephant eat lot of sugar cane and most surprisingly he is not having diabetes.

Elephant has hard disk memory and not floating memory.

Elephant doesn't get wild unless it sees a wild man.

Tortoise:

One of the largest life among animals and his longevity is around 200 years and the fact is that he is vegetarian.

Overhead expenses over the head for South Indian ladies are more when compared to their counterpart in North India.

If the nose is very powerful for picking up the smell, he can sense the danger in advance. Many a times it happens with zero therapy followers and every time with animals. Animals and zero therapy followers are almost similar except the behavior

Do not enforce vegetarianism or do not protest of closure of slaughter house, it is none of the business of vegetarian people, it is advised for the vegetarian to follow vegetarianism. A vegetarian eats vegetarian food and vegetarianism means not hurting the feeling of others besides eating vegetarian food and hence do not protest against the slaughter house. Try to preach vegetarianism

and do not enforce vegetarianism. We cannot expect a cheetah to be preached vegetarianism as he is born as a cheetah. In world there will be always herbivores and carnivores, we cannot accept all the people to be herbivores or else the balance will be lost.

Whatever one wishes can be achieved in life provided it doesn't harm anybody, provided no karmafal(the immediate result of action) is attached. Once the desire is sent to the universe without any selfish motive with no intention to harm anyone. Universe is bound to listen and you'll be successful in your action.

The desire must be so powerful that it goes to the sub-conscious mind and it sends it to the universe. For Eg. In business one tries to grow business without thinking that the money used ll buy house, jewels, or and bad thing then the universe will not accept. If the desire is sent to the universe with no conditions attached what so ever then the business is bound to grow.

One should use the profit for the betterment of the society, for the people around and the profit should not be solely used for the benefit of the family.

The profit in the form of milk in the pot to be used for others and the kurchan (what we call in hindi) attached to the vessel is to be used for the family.

TIPS FOR IMPROVING BUSINESS:

1. First and foremost never try to sell material. A good material sells by itself.
2. Secondly keep all your clients informed that you are alive by not disturbing them over the phone but by regular communication related to business or out of business (useful information, most probably health related tips.) It is seen corporate sending health tips regularly have improved their business.
3. Never try to push the material, if the customer is genuinely in need give him consultancy free and charge him for the material.
4. Boss must come first and go last in office for everlasting business.
5. Never deal in spurious or second hand material, all legal business is bound to grow and are permanent.
6. Each company must adopt some social activities funded by the own company.

Time:

For good cause if time is maintained perennially, like Aarti, Pooja, Monday Zero therapy sessions (On all Monday's dot on 8.05 pm irrespective of rain, Tsunami, Power cut, elections, etc, etc, etc it goes on and on)

For such things energy from the universe always waits to come on that spot at that fixed time, that's the reason Aarti should be on time.

Time is not in terms of minutes & hours. When time is important one is not suppose to waste a minute nor even a fraction of second. Given the choice to choose between money & time, I would rather choose time and not afford to lose money.

People think:

1. Money can do everything,
2. Money can buy everything.

But in present day the scenario is different, what matters in the higher level business is the inter-connectivity of hearts. Money is just a by-product of hard-work and principled business and not business principle

True humanity starts not from college, school, management school. It states from concern for humanity of the people who work under, who work with you. Once the humanity is there, the management comes automatically.

Once a person likes about something it's very general, what he likes and elaborate is important.

For success in life one has to have connectivity with the universe. Once this is happens desired results can be achieved. (Provided it is not for destruction).

Speed

Speed is connected with the food, how fast one eats, what one eats, all put together makes the brain and the brain decides the body accordingly – fat, slim, etc. If the food is sattvic the brain makes the body muscle flexible and there is synchronization between the brain and the body (Mind+ Body). How fast one is able to send the thoughts to the required place, getting the work done through the universal internet in no time.

Homework for world scientist:

1. It is found that cricketer amongst other sports person tends to live longer.
2. Not brushing teeth nor using paste gives better life for the teeth, this is applicable for vegetarian people.

The answer will be given in due course of time.

If a man can switch off from the situation he will not get confused.

CONFUSION

CONFUSE = CON – FUSE

CON stands for continuity of the FUSE. When there is continuity the supply works. When brain fuses the continuity of the fuse gets disconnected and the person is not able to decide. Normally this happens with the person who has two names – pet name & official name. Reason the numerology of two names may differ and hence "Confusion". Sometimes mental imbalance due to various factors may confuse the person.

Giving

I would want all the Zero Therapy volunteers to pay back to the society in any form like physically, mentally, monetarily (Tann, Mann, Dhan), as tax for the happiness they derived from the society.

Speculation

Even Dharamraj Yudhistir lost in gambling, then Why speculation, Why lose money & in turn prestige? – History is about the mistakes committed-- Learn from the mistake & not to repeat.

Minutes of the Monday Session

A lady consumed 'Neem leaves' as antidote for worms in the stool and she got affected by piles. She came to me for consultation and I asked her – Where the worms alive or dead? She said – Dead.

"In Zero Therapy the worms are sent out with the stool "alive" but in other therapy the worms are "dead" in the stool. This is the major difference between Zero Therapy and other therapies."

Zero Therapy is based on 'Ahimsa' and no worms & no germs are killed.

Neem Leaves are not allowed in Zero Therapy since it acts as a medicine. Medicines are not allowed in any form.

How funny English language is 'may be' also means 'may not be' – how do you like it?

Marketing is "Maar Kaat" for personal gain. – From the book 'Quotes of Vipin chand Bomb'

Marketing is the extension of talk without any commitment.

The look of the child reflects the harmony of the माता - पति (parents).

Salt should never be taken in liquid at room temperature. It directly strains the kidney for extra filtration. Salt should also not be sprinkled over salad, because it spoils the sensitivity of the taste buds. Only advisable a pinch of salt while cooking along with either ghee or oil (Heated)

Creativity:

Creativity comes not by knowledge not by copy but one has to have observation of the nature, watch the nature, love the nature, and be with the nature. Eat what nature has provided (No alcohol, Meat, Egg) Avoidance of under roots suggested.

Watch plants grow, watch animal habits, use of natural garments like cotton, silk, wool and not synthetic. In one line if you are close to nature you are creative. It is suggested that the environment in which one lives like furniture should be of rosewood, teakwood, wrought, brass, glass, cane, bamboo, ceramic, silk, wool and other natural things are natural and not plywood. Avoidance of any negative smell, etc. With all these things a person is bound to be creative. The basic necessity of creativity is to avoid all things which will disturb you. Like May be food, may be smell, may be friend, may be wife, **even medicine.**

Three things are fixed at the time of birth:

1. Parents
2. Materialistic value
3. Death

Depending upon past collective karmas.

Sun and Moon cannot be separated from the universe. The basic principle of Zero Therapy is proved here, everything is hot & cold, Sun is hot & Moon is cold. Universe cannot be without sun & moon. Basically in science it can be called as expansion & contraction. Let's take a word "SHE" In SHE (Female) you have HE (Male). He (Male) could not have come to the world without SHE (Female). He (Hot) also has part of she (Cold) since given birth by SHE a part of cold. This is the science behind Zero Therapy. Two things do exist in different ratio in different individual and we balance the ratio and the body comes to normal at the time of birth unless tempered.

Detachment: we cannot acquire gyan unless and until one practices detachment in all aspects of life.

Why boiling water is harmful ?

It is not advisable to boil the bacteria which are meant for the betterment of our health. After boiling these bacteria becomes dead and everyone knows what dead body achieves.

Presently the water contains chemicals which after boiling becomes harmful (hard).

Why Garlic is danger as reported under various occasions on Zero Therapy ?

During world war bullets were used with garlic content to make the soldiers totally useless and incurable by any method. This is very dangerous. While sharing this information one of the audience asked Shri Vipin Chand, then why don't it affect us while eating, on this he replied that the garlic eaten goes directly into the stomach and it doesn't mix up directly with blood. Hence it is not harmful as the bullet.

Why life partners are called as better half ?

There is a short story behind this question. Once upon a time there lived a king and one of the person in his kingdom had committed a mistake and for that the king sentenced him to death, that time the wife of the person pleaded to the king that when we got married we had become one and now if u kill my husband it is equivalent that you are killing me too. Hearing this the king freed the accused and from then the life partners are called as better half.

Yoga are of two types:

- a. **Silent Yoga:** Silent Yoga means watching ones breadth –the inhale and exhale – without making sound. In short it means increasing the efficiency of the lungs and the concentration of the mind.
- b. **Violent Yoga:** Violent Yoga means breathing and using the movement of the stomach and other organ but not mainly on lungs. It amounts to breathing at higher rate per minute i.e., brisk rate. This brisk rate reduces the age of individuals and hence it is not correct in my opinion.

The 21st century man

Problems – Physical, mental, emotional

Cause – What matters to the body is the matter that goes into the body.

Result – Terrorism, Cruelty, No Peace

Solution – Spiritual Food in restaurants, homes, and communities across the world

The change starts from you now.

You are the person taking lead from this moment...
All the best for food reforms for universal peace...

The whole universe is divided into two: plants and animals. Human being comes under the animal category as per science. Two of the animal, human being and snake relish eggs and surprisingly animals do not eat eggs coz they have chemical in the form of yolk. Most of the animals follow zero therapy principles by not eating eggs, and the principle is "keep of harmful chemicals"

Tongue is the most important and vital part of the body be it for Humans or Animals, Animal may not have ear, eyes, but there cannot be any animal without tongue. Hence it is advisable not to take chances with the tongue by eating meat, chemicals of any sort (EGG) and all sorts of unwanted spices.

Tongue gives the scan of the body. It is presumed that the doctor who doesn't know to scan the tongue is not fit for any treatment.

Zero Therapy Diagnosis – Live Experience.

My daughter had fever and vomiting. Uncleji saw her tongue and diagnosed that" it was due to bread and sauce". Treatment given was malai, khichdi and carrot halwa.

She had puss ulcers on her body. It was due to cream biscuits diagnosed by Uncleji in few minutes. Treatment given was badam mishri paste and hot milk.

Once she had fever and throat pain due to which she couldn't eat and talk. Uncleji diagnosed that it was due to her loneliness as all other family member went for a summer trip. Treatment was to take her to some amusement park.

Once She had severe cough and running nose. Uncleji diagnosed in a few seconds by hearing her coughing sound and said that "it was due to mosquito repellents." Treatment given was water splash, sitting in the tub and badam halwa.

My daughter had allergy on her foot. Uncleji diagnosed "that it was due to socks." Treatment was to wear cotton socks and apply oil.

My son kuswant had frequent coughs. Uncle diagnosed and said that it was to chocolates. Treatment given was Pani Patti and sitting in the tub.

Once he had severe temperature. Uncleji diagnosed by seeing his tongue and said that it was due to sauce. Treatment was badam halwa and kheer.

My son once had swelling on the face and hands. Uncleji diagnosed and told that it was due to watermelon. Treatment was to eat mangoes

Once I had severe fever-uncle saw my tongue and diagnosed in few minutes that it was due to outside food. Treatment was dhal ka seera.

I have light black marks on my both hands for the past twelve years. When I showed it to Uncleji in 2007, he immediately said that "it was due to heavy medicines taken for some skin problem " and it was very exact Diagnosis as I took medicines for itching problem from 1998. His treatment was to apply Badam oil on the skin. Today the Skin is 90%clearer.

I had pimples on my face all the 365 days of the year. When I enquired Uncleji about it, he diagnosed in fraction of seconds and said " it was due to drinking "coffee" and I was taking coffee for past nineteen years. I immediately stopped coffee and uncle told me to apply badam oil mixed with coconut oil. Now I am totally without pimples.

My husband –Vinod once had severe mouth ulcer .When he went to Uncleji, he diagnosed and said that "it was due to buttermilk which he had a week before." Treatment was Pani Patti

My daughter – Harshitha (8yrs) had always nose blocks Uncleji diagnosed and said that "it was due to intake of raw cucumber. Treatment was to avoid raw cucumber."

My son—Pravesh once got heavy fever temperature and I took him to Uncleji. He said that it due to chocolate and when asked to my son, he accepted eating a day before given by his friend on his birthday. Treatment was pani patti on stomach's bottom and ghee kichdi.

----- Forwarded message -----

From : **geethavani alwarnaidu**<geethavani.alwarnaidu@gmail.com>
Date : Fri, Nov 7, 2014 at 3:50 PM
Subject : Jai prakruti
To : vipinchandbomb@gmail.com

Respected Uncleji,

Jaiprakruti ! I am Geetha working in Union Bank, Chennai. I was having a small swelling in my throat. I was advised by Apollo hospital doctors to take needle biopsy and thyroid scan. After seeing the medical report, they said it is progressive cancer in thyroid gland and the gland has to be operated and removed immediately ,in July 2007. I heard about you through friends and came to ZERO THERAPY. Seven long years passed, I am maintaining good health and living happily after taking up VEGETARIANISM. Sincere Thanks to Zero Therapy , my Savior , Guide and Philosopher.

I enclosing my scan report showing papillary neoplasm, medical name of progressive thyroid cancer.

Apollo Speciality Hospital
Pondicherry, Tamil Nadu
Pondicherry 605 006, India
Tel: 91-46-2333 1741, 2633 8119, 4739 1111 Fax: 91-46-2333 2646
E-mail: apollo@apollohospital.com

APOLLO-100-0010

DEPARTMENT OF CYTOLOGY

Patient's Name	MRS. DEETHA VAN	Lab No.	G01 6073
LP No./Ref No.	Sex / Age	Received on	31-Jul-2007 12:53:53 P
Referring Dept.	ES	Referring TDR	
QMS	Flashed No.	Reported on	01-Aug-2007 04:46

Order No. 17487


Specimen:
ULTRASOUND GUIDED FINE NEEDLE ASPIRATION FROM NODULE AT ISTHMUS OF THYROID AND RIGHT LOBE OF THYROID.

Macroscopic Description:
A : Nodule at isthmus of thyroid
B : Nodule at right lobe of thyroid.

Microscopic Description:
A : Smears show scattered papillary groups of follicular cells with anisonucleated, prominent nucleoli, intranuclear inclusion and moderate cytoplasm. Scattered groups of Hurthle cells are seen. Thick pinkish colloid material is seen.
B : Smears show scattered groups of follicular cells, bare nuclei, thin and thick colloid material and occasional pseudo-giant formation of follicular cells.

Impression ::
== ULTRASOUND GUIDED FINE NEEDLE ASPIRATION FROM NODULE AT ISTHMUS OF THYROID SHOWS FEATURES OF PAPILLARY NEOPLASM.
== ULTRASOUND GUIDED FINE NEEDLE ASPIRATION FROM NODULE AT RIGHT LOBE OF THYROID SUGGESTIVE OF COLLOID GOITRE.

Comments..
Please correlate with clinical findings.
See in Consultation with:
DR. S. SURESH K. MO


DR ANNAPURNESWARI DNB
Pathologist

Expansion & Contraction

Whole body is expansion and contraction. When a particular organ is treated it either expands or contracts and certainly it will have the reverse effect on the body somewhere else to make good the losses.

Physical Exercise

Walking, jogging, gym and yoga all come under exercise because you are straining muscle in these. Simple and normal breathing can be useful which people may call yoga or meditation by different name.

One married couple came to me, age around 24. The wife could not conceive for 5–6 years. The same couple, by having proper lifestyle and totally forgetting gym, wife conceived and the child is around one year while writing this book.

The difference between Dal dhokli and dal batti : Dal dhokli is not advisable as its combination of wheat flour and dal. In the batti is whole wheat.

Actual preparation of batti is on low fire, cow dung, latent heat. After fire extinguishes, there is latent heat which amounts to slow heating.

My experience:

The waist increases for people eating dal dhokli, and not by eating dal bhatti.

THYROID :

It is disease for medical science, it is nothing but irregular periods of ladies. Normally it is a disease related mainly to ladies, like breast cancer. One lady came to us and after changing the hormones by way of diet, got re-tested. The parameter were perfect as per medical science.

One family returned to India in 2005, the wife said to be a thyroid patient and on medication from 2001. The lady patient was totally cured. The hormone balanced to 0.01 micro grams.

This is a wonder of wonders in medical science – by sheer, sheer combination of food and only food.

Business management are people who teaches business but cannot start business even if they start most of the time they are failure. One point to be appreciated most of the higher level trading and industries is in the hands of marwari's, not management people but they mange the people who are management educated.

Experience of homeopathy doctor, letter from doctor

History

Imbalance while walking- diagnosis as neuro problem.

Name of the disease : Cerebul Atro..

Diagnosis by us:

Did u get the affection required from the family in your childhood. That loss of affection has led to the disease. Correction by proper lifestyle and food over a long period. One important factor - doctor prescribes homeopathy but having understood now, stays away from the smell of homeopathy medicine.

*ZeroTherapy में हमारा स्वानुभव

मैरी धर्मपत्नी सौ. सुरेखा जैन, उम्र 49 वर्ष
 गत 10 वर्षों से Imbalance while Walking,
 (बलते समय संतुलन (Balance) बिगड़ना) Change of
 Voice बोलते समय शब्द अस्पष्ट (अस्पष्ट) slip of
 tongue रात-रातगार निंद नहीं आना (Sleeplessness)
 गर्मी के मौसम में शबराहत, बेचैनी, श्वासकष्ट
 शरीर तपने लगना (गर्म) गिंही (पानीमें बिगोकर)
 -बादर बदनपर छोड़कर सोना पड़ता था, भूक
 न लगना - चक्कर आना. इ.

जळगांव, नाशिक, औरंगाबाद और जसलोक
 हॉस्पिटल मुंबई के सभी M.D. न्यूरोलॉजिस्ट अंक्टोरो
 को दिखाया. MRI कराया. MRI Report के
 अनुसार अंक्टोरो ने बताया की इनका 'ब्रेन'
 सिंकुड गया है Cerebellar Atrophy (Cerebral
 Ataxia) है, ऐसा कहा और इसपर कोई इलाज
 नहीं है' ऐसा भी कहा.

जब हम ZeroTherapy में अंक्टोरो के पास
 चेंदई पहुंचे, तब 'अंक्टोरो' ने निरीक्षण करने के बाद
 पूछा की इन्हें कोई मानसिक आघात (केश) पहुंचा क्या?
 तो-कचपन में माताजी-पिताजी होते-हुंसे भी उनका बार
 नहीं मिला कचपन-भारती (जनीहा) के ग्रंथ बिना.

दुसरा प्रश्न अंक्टोरो ने पूछा की इन्हें किसी
 कारणवश जादा दिन तक अथवा साइक मात्रा में
 दवाईयों दी गयी क्या? तो यह भी सही था. की
 इन्हें Psychocological Problems तथा अंतर्निमित्त (Psychic)
 तथा अन्य कारणों की वजह, ऐलोपैथिक आधुनिक
 तथा होमिओपैथिक सभी तरहकी दवाओं का सेवन लगातार
 R.T.O

लंबे समय तक करना पड़ा था।
फिर अंकलजी ने 2ero Therapy का नुस्खा
(Prescription) लिखकर दिया, इस तरह दि. 3-7-2008
से डीप्लेट (उपचार) शुरू हुआ।
पहले सप्ताह से ही नींद अच्छी आने लगी, पीठ
बढ़ा, नलने में भी फरक लगने लगा, आत्मविश्वास बढ़ा,
पिछले 10 सालों में दवा लेकर भी नहीं लगा उतना (दवा)
फरक लग रहा है इन 14 से 2 महीने में जो क्ले में भी
फरक लग रहा है

हमारे लिए यह 2ero Therapy सायन्स एक
'अनुपम', अद्वितीय' एंव चमत्कार ही है।

It is a miracles!

साथ ही अंकलजी का रूढ़ि, आशिर्वाद
एवं उपतापन मिला, यह मात्र उपचार अथवा चिकित्सा
पध्दती नहीं है, बल्कि हमारे आत्मविश्वास को जगाने
वाला अद्वितीय सायन्स है।

हमें गर्व महसूस होता है, हम अपने आप
को भाग्यशाली समझते हैं, की जब हम आदर्श
अंकलजी (एवं 2ero Therapy सायन्स (कुटुम्ब) के
सदस्य हैं।

सहस्रभार!



निवेदक :- डॉ. अजित जैन
पेशेंट (रूग्ण) :- सौ. सुरेशा जैन
भडगांव जि. जलगांव (महाराष्ट्र)

mob 94 21 640 665

Eye infection:

By sheer intuition I just ask – are you eating raw mango from childhood. Apparently the patient has been eating raw mango from the age of 8 until now. She was asked to stop raw mango and was alright.

It is not only interesting but a fact – tongue is the scanner of the entire body. If a person knows how to read the tongue he can perfectly diagnose the entire body. Once the diagnosis is proper the remedy comes automatically. I am reminded of my quote "man can bluff, tongue cannot bluff". One lady patient was diagnosed with tongue cancer – the reason, we found out that she used to brush the teeth with tobacco. Apart from normal food, she was prescribed almond paste and gargling with almond oil.

To prepare almond paste, soak almonds in fresh water, in a glass bowl overnight. In the morning remove the peel and make the paste. Add pinch of sulphur less sugar in the above case.

EYE INFECTION

Rajesh Jain from Bangalore was suffering from a severe eye infection from past 8 yrs, My eye always used to be red, watering & itching, never could sleep in peace and used to have lot of problems in the night, couldn't go out and play in the sub like other kids as my eye used to water a lot and always used to sit at home in a dark room. I had lots of problems and was really depressed as I couldn't enjoy like any other kid. One fine day I went to a doctor he told me I have a minor eye infection which i took it lightly. And then I had been to Maharashtra over there I visited a doctor he gave me an ointment (KENOLOG G) which I applied it for 7 YEARS and I was so lazy that I didn't consult any other doctor as I thought it is helping my eye. I applied that ointment everyday without a miss, without knowing that my eye is getting damaged and the ointment which I am applying is very powerful and shouldn't apply it more than a week, I didn't tell this to my parents and whenever they used to ask me I used to tell my eye is find. But after 6 years or so I started having problem again and that time I told it to my dad about it and went to doctor, he told me that the ointment has been farmed on my retina. After which I used to visit the doctor every two days and every time I used to go he used to change my ointement in two month I think he changed around 50 ointments & I was just going mad because I used to apply around 7 to 10 ointement everyday. Then doctor told me that I have to undergo minor surge

because my eye used to be red everytime. After my surgery I still had the same proble and then I thought I will change my doctor but going for that I have to start the treatment from beginning. So I continued my treatment with the same doctor. One find day my cousin had come from Chennai he told me about ZERO THERAPY and told me to go there then my dad thought lets give a try over there and and after a month I landed in chennai and attended the meeting from that very day I was so confident that he can cure me because the diseases which he had cured, my problem was just a piece of cake for him and he cured my problem only in a WEEK. Its just because I and my parent had faith in him and he did the rest, I attended his meeting and after which he gave an appointment and I met him the moment he sae me and told me 7 years ago I ate too many mangoes, I was shocked when he told me because I used to love mangoes and he told me to stop eating it and the very next week I had been for the meeting and people were shocked to see me and they asked me were you patient with the eye proble,, even they could not believe me. From then on I had no problem. And can do all my work without hesitating I thank uncle for giving me a new life.

Mr. Rajesh Jain
18y/M.

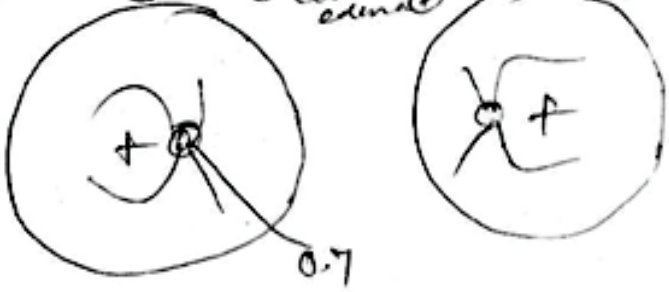
39218/HM
17.07.07.

DU. (RE) - 4 months
on Rx at Mahaveer Eye Hosp.

- Travatan
 - Alphagan P.
 - Patanol
 - F. larox
- 5 yrs. advised prescribed for ? eye infection.

	(R)	(L)
VA	6/24p	6/12p
PC	6/12p	6/9p.
T.	30, dilated sluggish pupil.	16.

A. L. seg: ?  cc ⊕ corneal edema ⊕



Mr. Rajesh Jain

39218/HM

31/7/07

VA < 3/60 → 6/9
6/6

IOP < 24
14 mm Hg



C: D 0.8 - 0.9



C: D 0.4

Adv

Right Eye: Travatan eye drop once daily
: Dorzox-T eye drop 2 times/day
Patanol eye drop 2 times/day

- T. Domox 250 rpm 1/2 - 1/2 - 1/2
- T. Levacet once at night

Right Eye: Trabeculectomy + IA

Rajah

500
5600.

988

>
Ad. - invitro test for

Common Allergens

- Absolute (Tobiraphil) con
- trocospa. ant

Min Hemavath. to Contact
to Slants: one pt cover.

Super Speciality Ophthalmic Centre for : Phaco-emulcification with
foldable I.O.L. Glaucoma, Surgery,
Squint Surgery, Vitreo-retinal, Oculoplasty, Corneal & Refractive Surgery

Jain food:

Jains are known for sattvic food. On average, jains do not eat onion and garlic.

It is not known when the slogan live and let live was coined. Lord Mahaveer the 24th Tirthankar of Jains could not have said this way. The better way is "Let everyone live". Saying live and let others live is a little bit selfish. The reason is, oneself is put before others. Live and let live was probably coined later by business people but not by spiritual people.

Pregnancy

One day a lady came for general consultation I looked at the tongue and diagnosed she was pregnant (mind you she was not aware of that – for proof refer page 5 of book hot and cold) the lady then checked up with the medical profession and it was proved to be right. Now imagine how this is possible.

The same lady's husband was introduced to me and we were meeting for the first time at my office. During the conversation I pointed out to the lady that his salary was 36000 per month , after a pause the lady gestured "guess what" that was it... his salary was 36600". Now imagine how it happens.

It is for the scientist to find out how it happens

My explanation

The lady's faith based on past experience with zero therapy made the thoughts go into the sky subconsciously (i.e.) each part of the body speaks. The new born foetus was having connectivity to the universe and not the body that was speaking. Each organ is all the time communicating to the universe. If both have faith in each other, communication is picked up either way. This is advance thermal imaging - thoughts giving heat and feeling and the opposite person reading the thoughts based on heat thoughts.

PREGNANCY :-

I had gone to uncle for one of my normal consultations... and my guess what... He looked at my tongue and said I was PREGNANT¹. I could not believe my ears as I had least expected it and had not gone through any pregnancy tests before that. That very day I took up the test and it was positive... Unbelievable right?? Even I could not believe that's the accuracy of his diagnosis.

I shared the good news with uncle and decided to be under his care for my pregnancy.

The doctor normally prescribes a list of calcium and iron tablets and other energy and strength booster tablets, But uncle had asked me to be devoid of them.

I am in my 6th month today and till now I haven't taken a single calcium, iron, folic acid tablet, glucose, immunity tablets

or any other kind of injections....
I have taken 2 scans till
now and both have been
completely normal. My Haemoglobin
test is also normal showing
12.5 as my haemoglobin level. My
sugar level, urine test have all
been completely normal, without a
single tablet, so far. Under uncle's
treatment I did not have to take
any anti vomiting tablets also to
suppress vomiting.

My health overall is
feeling extremely fit and fine and
at times I don't even feel I
am pregnant. Feeling so energetic
and light during pregnancy is the
best thing that can happen to
a woman.

Rarest of rare cases declared incurable by medical science

Hitherto not known to medical science but achieved in mere 3 days (proof enclosed)

Nephritic Syndrome

This has been achieved by just external application on the stomach and by giving mixture of dhaniya saunf mirchi and a bit of Almond (beware this is not correct to prescribe in medical science)

Watch out 3 days result

After 3 days I said your child is alright and you can go back to Chandigarh. Later on I came to know that they did not believe and got tested the urine protein level which came down to 5 mg and informed me. This was the best case in my life.

My experience on the above case

A three and half year child and the mother comes if my memory goes well then the date may be on 18th June with a bulging stomach mother almost weeping. I had a first hand look at the child and refused to accept the case my inner feeling said it is a gone case. I said if something happens the world is going to blame

and what if the child dies. She went, came next day morning there was a change in my attitude I took up the case and prescribed sandalwood paste and a mixture of dhaniya saunf misri , cumin seed and Misri ,Badam and many more which I don't remember now and kept on changing the diet for 3 days and the result is for the world to see. The mother of the child has shared her experience on 17th august 2009 Monday session which is available on zerotherapy.com.

Cancer

A lady came with a child of 8 years suffering from blood cancer having failed by medical science just by changing the normal diet she was totally cured. When she came her weight was 17 kg. After around 6 months her weight increased to 30 kg without waist being increased.

Its around 3 years, she has not suffered any major disease except once or twice 103 or 104 fever. Cancer is nothing but survival of the fittest. Charging of live cells multiplication of live cells in the body and the live cells drive away the malfunctioning cells. So simple for us and so complicated for medical science.

One of the interesting incidents happened recently

A Zero Therapy girl BDS by qualification (but not practicing) telephoned me that she is having white discharge.

I asked, "since how many days you are having this problem".

She answered, " 5 days".

I asked,"before 5 days have you been to the hospital for visiting someone (social visit) for 2 or 3 days continuously"

She said "yes".

The point here to be noted is each body is different. Each system makes the body different, here zero therapy follower's body is entirely different. They are always away from all sort of negative smell like perfume, garlic, Medicine. The body organ cannot accept the negative smell. In a female body it can be throw out only this way. In a male body it reacts in some other form like losing temper, losing coolness, uneasiness. What goes through the mouth can be thrown out in the form of stool, urine and sweat but what goes through the nose, this way is not possible.

Smells like antiseptics and insecticides settle down on the tips of the lower bottom of the eye and not on the eye lids. Through the eye and the nose, partially it goes into the body. What goes through the eye effects the chemicals of the brain. What goes through the nose effects the breathing because it goes through the nose.

Why medical science is wrong for brain treatment.

Ironically such things happen when health is at the best which is considered as disease in modern science. Most surprisingly in medical science for a neuro problem, they prescribe medicines which are nothing but chemicals, which reduces the oxygen content of the brain chemicals and hence not advisable as per our theory. The raw material for brain industry is no chemical but oxygen and oxygen and oxygen.

One of the impossible cases in medical history.

Name of the child – Pratham Vajawat

Age – 8 months

Mother – under no medication for 9 months of pregnancy, neither calcium nor iron tablets.

Food totally natural not even herbal food no onion no garlic.

A big boil on the left thigh slowly growing like Tumor – series of photos enclosed. They went for medical advice at the age of 15 months and doctors told that there is no way other than surgery and did not prescribe any tablets. since the child was small and since the child was on mothers breast feed, change in the food habit of mother and application of clarified butter some times normal and some time warm temperature was prescribed. The result, as per photo the boil cured.

The most important part the child never had pain during these 7 months.

The reason for this boil was diagnosed as a reaction to medication for cesarean.

All the children except one child in the school were prescribed filling cleaning, etc. During one of the dental health check up. The reason child's mother during the nine months no medication no vitamin , no calcium tablets nothing un natural not even negative smell food and after the birth of the child till the health check up never used any sort of tooth paste or tooth powder , mouth wash and on the top of it never used brush and all the above things in our opinion removes the natural enamel of the teeth. And top of this food also deposited natural enamel on the teeth.

Today you may be surprised there are over thousands who have not been using any sort of tooth cleaning agent or paste or tooth brush.

And none of them have any dental decay or tooth problem.

And my personal experience for the patients I have seen is almost all suffer of knee pain after 10 years after having gone through the canal process. It is quiet but natural.

The root cause of dental problem.

Fracture case

My experience with a zero therapy follower

One of my zero therapy follower who met with an accident what he says -

"I met with a very serious accident near kancheepuram where the car toppled 5 - 6 times and fell upside down into ditch on the side of the road and was completely damaged with shattered glasses. The people around who witnessed the accident had to rush to the spot to pull us out as I fractured my left shoulder and the pain was unbearable. The pain was severe then.. Page no 84 of Hot and Cold - after seeing the x ray the doctor confirmed that it is a fracture and that I will have to undergo some special treatment like putting plates and all instead of regular practice of putting plaster since the fracture was in the shoulder but I denied all medication and returned to Chennai to show to Vipin Uncle. After returning to Chennai, I completely followed Vipin uncles therapy and within 20 days I was back to playing cricket which was unbelievable".

Ailment 2: Fracture of Left Shoulder

I met with a very severe accident near Kancheepuram wherein the car toppled 5-6 times and fell upside down into ditch on the side of the road and was completely damaged with shattered glasses. The people around who witnessed the accident had to rush to the spot to pull us out as I fractured my left shoulder and the pain was unbearable. The pain was severe and hence we spoke to Vipin Uncle and told him about the accident and that I had fractured my left shoulder and that slight bleeding was also there from the nose. Then he asked me to do certain things. After following the same I got unbelievable relief, to the extent that even though I had fractured my left shoulder, I alone got my X-Ray done (after doing all the formalities of the Hospital) in the nearby Meenakshi Hospital. After seeing the X-Ray, the doctor confirmed that it is a fracture and that I will

My Comments:

Had he gone for inserting plates and all sorts of medications I am sure it would have taken 2 months to get back to normal though not original condition prior to the accident. Moreover I am very sure if the person would have taken treatment, under medical treatment like inserting plates etc for fracture, he would surely not have gone to the cricket ground within 20 days. Here the particular person could attain the originality of the body prior to accident. This shows your body has got the best healing power provided it does not depend on outsiders. In zero therapy the treatment for even fracture is only normal diet mind you even massage was not allowed. We have to appreciate nature's gift of healing, repairing, recovering and bringing back to original condition.

Zero therapy is of healing not based on individual body but based on harmony between husband and wife, mother and child. The science behind is the breadth let out by either of the spouse and taken in by either of the spouse in a closed room where the other breadth does not interfere. The mandatory in this is the Bhavana of an individual that my spouse should be alright. This happens when both the people are on the same food this is the primary requirement for the person who needs curing and without this it is impossible for Vipin Chand to heal.

To prove my point I would like to share my experience with the readers I know one gentle man came to me in around 2007 after having attended 5 health sessions and fully convinced about my theory the particular gentlemen used to take 40 tablets and 10 ml insulin and his waist was around 58". This person having BP for 11 years suffering from diabetes suffering from thyroid and probably taking tablet for every organ of the body under my life style the person was a changed person and used to give advice to people on life style. His belly came down to around 48" in a short period weight remaining the same approximately. He was with us for around 2 years - no tablet no medicine, no external help for the body only food and food and food. But unfortunately one day I

found that the person has landed in hospital. I had to break my head to find out the reason- the reason lies in the food of the wife. Wife never used to eat Zero therapy life style food. So as explained earlier, thoughts of one of the partner in this case it was his wife, was not corrective and not made for healing the body.

Another case

A friend of mine, a very dedicated Zero Therapy follower, sharing tea and attending lectures every Monday – one day he along with his wife came to me with a bulging stomach. I asked his wife whether your husband's stool , toilet is ok and she said everything is ok. Then my question again was – why this bulging stomach.

The husband (zero therapy follower) had taken lots of biscuits (prohibited in zero therapy) – the reason being biscuits contain baking powder, preservatives, food colour etc etc. His wife never used to attend Monday sessions and my friend's in-laws were not believers of this theory of no medicine. In view of all these circumstances, I asked him to consult with the medical science. For 2 months at the time of writing of this book – the person who was healthy, walking, eating and enjoying his life to the full, is not able to get out of his bed – for 2 months. Reason – thoughts. He and his wife are not eating same food.

One of the main essentials for success in Zero Therapy is that a person must have more faith in karma than God. Here I would like share my view that it is the karma of the universe (Nature) that decides when God has to be born.

My experience

Whenever a person comes to me for any problem normally he forgets the sequence – like whether he suffered from cough, cold, dysentery, fever – in what sequence; what has he been eating in a sequential list... People only remember the affect and not the sequence.

My own sister was admitted after having a heart attack as declared by the doctors, best of my knowledge heart attack is nothing to do with heart – it is the reaction of the mind to the news. If I get a multimillion dollar lottery I may get a heart attack from the news and not from the money – how a man is expected to get heart attack if he gets money– Sudden jerk or rush of blood which passes through the brain. So after admission and 3 days of medication they declared that there is a blockage. My opinion is, at the time of admission in to the hospital she did not have blockage. So it is the sequence which is important. Generally my experience is that in India this happens and not abroad. This is the reason whenever a person comes to me for problem I ask him to get 3 days list of food and any instances of smell etc around this time. This helps me to diagnose the cause of the problem. Also, whenever people get admitted into a hospital, I advise them to undergo all tests before start of medication.

Very interesting point to be noted how the brain works for a Zero Therapy child born and brought up under Zero Therapy life style.

At the time of writing this book the age of child who is 16 years and good in studies brought up under zero therapy for 5 years but not born in Zero therapy .The particular child at the age of 9 was asked to spell and to my surprise he spelled every word correct excepting the words Doctor, Medicine, Hospital.

In general people may not be able to understand the psychology behind this. Somewhere there is a connection between the actual things and the spelling. The sub-conscious mind of the child says that the three categories Doctor ,Medicine, Hospital are not right for use and hence the brain did not write the correct spelling.

Something to ponder for educated literate civilized race other than the interior tribes.

Can anyone imagine in the present modern day world a pregnant lady delivering a child having not taken even folic or calcium tablet leave alone the antibiotics, vitamins mineral tablets and so on. Here is a record - many mothers have delivered Zero Therapy babies, not only without medication but also without ayurveda, reiki , herbal or home remedies. A number of children are in the present day world delivered and brought up in the zero therapy life style. See no's and avoid list in www.zerotherapy.com and you can see such Zero therapy children who were present and on stage during the earlier seminars. They will also be present for interaction during the mega seminar "The Proof" on 24/12/17.

The cure in zero therapy is transformation of energy between the person curing and the person who needs curing. Every second the thoughts keep traveling from both the sides in form of energy. The energy can neither be created nor destroyed. The transformation of energy radiates heat and that this heat is perhaps what I am able to read and accordingly prescribe food and the person in question gets cured.

This is nothing but advance thermal imaging.

Yet another interesting case. One Zero Therapy follower madam came for treatment of the child. Since she was a Zero Therapy follower, she immediately informed that they had gone to the sea shore and this was the reason for sickness. After seeing the tongue I prescribed the diet casually. While leaving she showed me the palm and told me to look at the palm as if I am a palmist. The first sentence I uttered seeing the palm, "is your mother in law not here with you" and she replied yes. For a normal lay man this may look like a joke but it happened. The reason of diagnosis – this particular lady used to have swelling all over the body for quite some time, in medical terms hemoglobin was down. Her mother-in-law used to apply pain relief ointment (balm). After observing her palm I could see her health had improved – in my mind I diagnosed she is not smelling balm, so her mother-in-law is not there. For medical science to know this is a big research. Passive smell of balm causes swelling in the body. This was diagnosis in less than 15 seconds. This is nothing but advance thermal imaging – so many factors are taken into account with such a speed – photo taken of the hand and compared with the past photo of the hand, photo of the early body with swelling retrieved and compared to the current body – all in the mind and no equipment what so ever ...

Is it not amazing for modern science ? How much time, equipment and manpower it would have taken to probably come with a diagnosis which probably would not be correct. This is nothing but advance thermal imaging.

A Zero Therapy follower having failed in his life for over 18 years got fully cured within 6 months period and following ZERO THERAPY for 10 years, came in the afternoon during business hours not related to ZERO THERAPY. He was saying water was coming from the eye and looked totally shaken (normally he comes during my consultancy hour in the evening 5.30 to 6.30). First sentence I said after looking at his face – did you change the quality of the chilly powder from normal chilly powder. He said I don't know. Since I was very confident I prescribed the diet based on this assumption and same day evening he came after getting clarification from his wife. He informed me that I was right and that within 3 hours he had experienced tremendous and dramatic improvement.

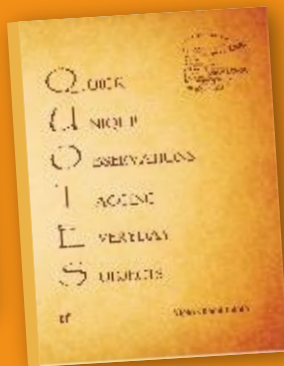
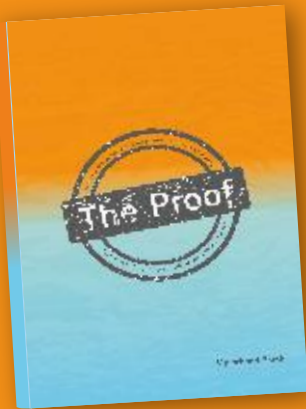
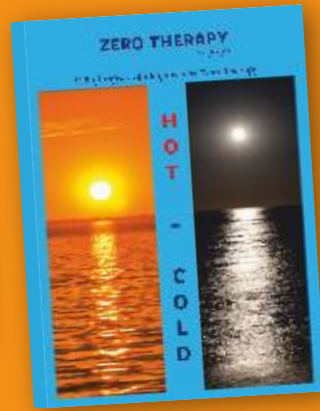
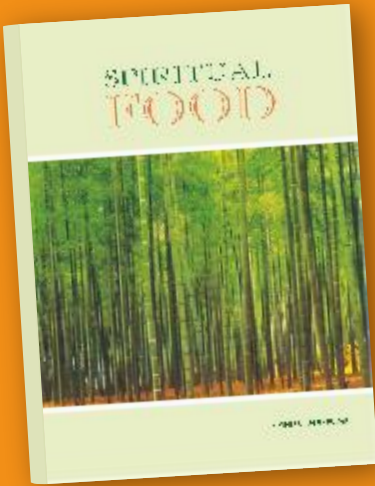
How did it happen? The color of the upper lip was little different than normal – it was little reddish on the top lip. At the center half of the top lip there was a color difference – that observation of difference in color between present and past – is advance thermal imaging, mystic intuition. Can anyone imagine all this happened in just 5 seconds. It is not me who is diagnosing, it is the body of the opposite person and his interest in getting diagnosed that sends the thought. Here the transmitter is more important than the trans receiver (I being the trans receiver).

Zero Therapy is not easy, its very complicated, we make it look simple.

It is not simple - it is combination of basic physics, chemistry, geography, psychology, intention, thoughts

Jai Prakruti

**Other Books by
Vipinchand Bomb**



"Healthy is Heal Thy". Vipinchand Bomb has been proving his own adage, experimenting on his own body for more than five decades now. He has been featured in the press for his thoughts on the subject since 1998. Various books authored by him have documented case histories of people cured of incurable diseases – as per modern medicine. Now, for the first time, this book throws light on how these miracles happen. Where is the magic in the body coming from ? What is the deep significance of smell ? As the book moves from seemingly different aspects of life and health, one can see that all these are inter-connected. In between are also questions for the scientific community at large, pointing to the direction for future research for the greater good of humanity.



Zero Therapy Founder, Vipinchand Bomb

- Businessman with a mission.
- Free flowing fountain of wisdom.
- Crusader for Truth in Private and Public life.